

**TUOLUMNE COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
REGULAR MEETING AGENDA**

Time: Wednesday, January 4, 2023 @ 4:00 p.m. to 6:00 p.m.

Place: Tuolumne County Behavioral Health, Enrichment Center – 105 Hospital Drive, Sonora, CA

In order to assure public participation for Tuolumne County citizens, this Behavioral Health Advisory Board meeting will be available in person to the public at the address identified above. However, the public may participate and comment on any item via teleconference, U.S. Mail, email, or video conferencing through the Zoom platform at the following link:

**Zoom (Video or Audio):**

<https://tuolumne-ca.gov.zoom.us/j/84148473149?pwd=RjV4WjlibkpKeW4yUnB3TitUQnY5UT09>

Meeting ID: 841 4847 3149 Passcode: 646238

**Telephone (one tap mobile)** +16694449171,,84148473149#,,,,\*646238# US

Or Dial by your location +1 669 444 9171 US

**Email:** Email your comments to Attn: Pandora Armbruster at [behavioralhealth@tuolumnecounty.ca.gov](mailto:behavioralhealth@tuolumnecounty.ca.gov)

**U.S. Mail:** Mail your comments to Attn: Behavioral Health Advisory Board, 2 S. Green St., Sonora CA 95370.

Written comments must be received no later than 8:00 a.m. on the morning before the noticed meeting.

**Important Public Notice:** In accordance with Governor’s Executive Order N-29-20, Accessibility Requirements, if you need swift special assistance during the meeting, please call (209) 533-6245. Under CA Assembly Bill 2449’s amendments to the Brown Act, through very limited circumstances, some members of the Tuolumne County Advisory Board may participate by teleconference.

**AGENDA**

**BOARD OF SUPERVISOR’S REPRESENTATIVE**  
Jaron Brandon

**ALTERNATE REPRESENTATIVE**  
Daniel Anaiah Kirk

**CHAIRPERSON**  
Mary Anne Schmidt

**VICE CHAIRPERSON**  
Sherry Bradley

**SECRETARY**  
Heather Farris

**OTHER MEMBERS**  
Cynthia Halman  
Emily Valentine  
Jenn Salazar  
M. Elizabeth Marum  
Marjorie Langdon  
Maureen Woods  
Susie DeMassey  
Valerie Shuemake

- I. **CALL TO ORDER** - 20 minutes
  - Chair calls meeting to order.
  - Announcement to attendees that the meeting is being recorded.
  - Establish quorum with the introductions of Board Members
  - Reading of the Behavioral Health Advisory Board Vision and Mission Statements
- II. **INTRODUCTIONS** – 2 minutes  
County staff, guests and any public attendees that wish to be identified
- III. **REVIEW ORDER OF AGENDA ITEMS** – 2 minutes
- IV. **CORRESPONDENCE** – 2 minutes
- V. **APPROVAL OF MINUTES** – 5 minutes
  - December 7, 2022, Regular Meeting Minutes (Attachment 1)
  - September 19, 2022, Special Meeting Minutes - MHSA Innovations Plan Public Hearing (Attachment 2)
- VI. **PUBLIC COMMENT** - 3 minutes per person  
Members of the public may be heard on any item, **not** on the Board’s Agenda. A person addressing the Board will be limited to three minutes. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.
- VII. **NEW BUSINESS & ACTION** – 25 minutes
  - A. Community Committee Assignments for Behavioral Health Advisory Board Members – Mary Anne Schmidt (Attachment 3)
  - B. Volunteer Fair in March 2023 – Mary Anne Schmidt (Attachment 4)

C. Questions for Next Scheduled Behavioral Health Advisory Board Speaker - Terri Alford, Tuolumne County Superintendent of Schools (TCSOS) Program Supervisor for Mental Health Student Services Act (MHSSA) Grant presenting on Mental Health Services on School Campuses – Mary Anne Schmidt (Attachment 5)

VIII. **AD HOC COMMITTEE REPORTS & ACTION – 20 minutes**

- A. Board Membership - Training: Heather Farris
- B. Event Planning - Ken Burns Screening of *“Hiding in Plain Sight”*: Mary Anne Schmidt

IX. **REPORTS – 50 minutes**

- A. Board Member Reports/Announcements - 3 minutes per Board member: Members of the Advisory Board may share announcements and/or comment on matters, not on the agenda.
- B. Behavioral Health Staff Reports/Announcements:
  - Substance Use Disorder (SUD) Services - Donna Villanueva, SUD Program Supervisor (Attachment 6)
- C. Supervisor's Report - Jaron Brandon, Tuolumne County Board of Supervisors, District 5 Representative
- D. Director's Report – Tami Mariscal, Behavioral Health Director
- E. Behavioral Health Advisory Board Chairperson Report – Mary Anne Schmidt (Attachment 7)

X. **SUGGESTIONS FOR NEXT MONTH'S AGENDA - 5 minutes**

XI. **ADJOURNMENT**

**Next Advisory Board Meeting is currently scheduled for February 1, 2023 @ 4 pm**

This agenda can be made available in alternative formats upon request. Late agenda material can be reviewed at the Behavioral Health Department, 105 Hospital Road, Sonora, CA 95370.

If you require special assistance (i.e., auxiliary aids or services) in order to participate in this public meeting, please call (209) 533-6245 at least 48 hours prior to the start of the meeting to enable staff to make a reasonable accommodation to ensure accessibility to this public meeting.



**Tuolumne County Behavioral Health Advisory Board (BHAB)**  
**(Minutes of the meeting of December 7, 2022)**  
**DRAFT**

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Anaiah Kirk – BOS Alt	E	E	E	E	E	E	E	E	E	E	E	E
Mary Anne Schmidt, Chairperson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sherry Bradley, Vice-Chairperson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heather Farris, Secretary	✓	✓	E	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cynthia Halman	✓	✓	E	✓	✓	✓	E	✓	✓	E	✓	✓
Elizabeth Marum	✓	✓	✓	✓	E	✓	✓	✓	E	✓	✓	✓
Emily Valentine	E	✓	✓	✓	E	✓	E	✓	A	A	A	E
Jenn Salazar	✓	✓	✓	✓	✓	✓	✓	✓	E	✓	✓	✓
Marjorie Langdon	A	✓	✓	E	✓	✓	E	✓	A	✓	E	E
Maureen Woods	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Susie DeMassey	✓	E	✓	E	✓	E	✓	E	✓	✓	✓	✓
Valerie Shuemake	E	✓	E	E	A	✓	✓	E	✓	E	E	E

Present = ✓ Absent = A Excused = E

12 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Rebecca Espino, Director – Health & Human Services Agency
Tami Mariscal, Director – Behavioral Health Department
Lindsey Lujan, Agency Manager – Behavioral Health Department
Jenn Guhl, MHSA Agency Manager – Behavioral Health Department
Pandora Armbruster, Administrative Assistant – Behavioral Health Department
<u>Others in Attendance</u>
Cathy Parker, Superintendent - Tuolumne County Superintendent of Schools, arrived at 4:25 pm
Theresa Comstock, Executive Director - CA Association of Local Behavioral Health Boards and Commissions (CALBHB/C)
Janice Blatteis, Intern – CALBHB/C

**I. CALL TO ORDER**

- Behavioral Health Advisory Board Chairperson, Mary Anne Schmidt, announced to attendees that the meeting was being recorded.  
 The meeting was called to order at 4:01 pm. Nine of the twelve members were present and accounted for at the time of roll call to complete a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as roll call was taken. Those present were Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Elizabeth Marum, Jenn Salazar,

Maureen Woods, and Susie DeMassey. Emily Valentine, Marjorie Langdon, and Valerie Shuemake were not in attendance.

- The group discussed AB 2449 and the change to the Brown Act which requires a shift to an in-person meeting platform with the option for the Behavioral Health Advisory Board members to attend virtually in very limited circumstances. The Public will continue to be allowed to attend virtually if they wish. As a result of this change, next month's Behavioral Health Advisory Board meeting, January 4, 2023, will be held in-person at the Behavioral Health Enrichment Center. The public will be able to attend through virtual attendance if desired. Information on how and where to attend the meeting will be included with the posted agenda.
- The Chairperson read the Behavioral Health Advisory Board Vision and Mission Statements into the meeting record.

## II. INTRODUCTIONS

Introductions were made by Tuolumne County staff in attendance, as follows: Rebecca Espino – Director, Health and Human Services Agency, Tami Mariscal – Director, Behavioral Health Department, Lindsey Lujan - Agency Manager, Jenn Guhl – MHS Agency Manager, and Pandora Armbruster – Administrative Technician.

Others in attendance introduced themselves as follows: Theresa Comstock, Executive Director - California Association of Local Behavioral Health Boards and Commissions (CALBHB/C); and Janice Blatteis, Intern – CALBHB/C.

## III. AGENDA REVIEW PERIOD

There were no suggested changes to the order of agenda items.

## IV. CORRESPONDENCE

Pandora Armbruster noted that an email had been received from Susie DeMassey today, resigning from the Behavioral Health Advisory Board effective after this December 7, 2022, meeting.

## V. APPROVAL OF MINUTES

Elizabeth Marum moved, and Jaron Brandon seconded to approve the November 2, 2022, Behavioral Health Advisory Board Meeting Minutes as presented. Motion passed.

(Ayes: 9 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Susie DeMassey. Nays: 0 Abstentions: 0 Members Absent: 3 – Emily Valentine, Marjorie Langdon, and Valerie Shuemake)

## VI. PUBLIC COMMENT:

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

Theresa Comstock and Janice Blatteis shared links in the online chat feature from CALBHB/C on upcoming trainings and events coming up in the new year. See information shared below:

1. CALBHB/C Trainings: Community Engagement & Unconscious Bias (1/6/23) and Chair & Admin Training (1/13/23): <https://www.calbhbc.org/register.html>
2. CALBHB/C Resources: <https://www.calbhbc.org/resources.html>
3. CALBHB/C : <https://www.calbhbc.org/brown-act.html>

## **VII. CONTINUED BUSINESS & ACTION**

### **A. ESTABLISH GOALS OF THE BEHAVIORAL HEALTH ADVISORY BOARD FOR JANUARY-JULY OF 2023 – Mary Anne Schmidt, Chair**

The group discussed Behavioral Health Advisory Board proposed annual goals shared by Mary Anne Schmidt and detailed in the attached document. A motion was made by Heather Farris and seconded by Maureen Woods to accept those goals as discussed for the period of January-July of 2023. Motion passed.

(Ayes: 8 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Susie DeMassey. Nays: 1 – Cynthia Halman Abstentions: 0 Members Absent: 3 – Emily Valentine, Marjorie Langdon, and Valerie Shuemaker)

### **B. ESTABLISH BEHAVIORAL HEALTH ADVISORY BOARD EXECUTIVE COMMITTEE MEETING DATE, TIME, and PLACE**

Mary Anne Schmidt relayed that she and Tami Mariscal will be working together to clarify next steps in this process. More information will be shared with the group at a future meeting.

### **C. REVIEW PROPOSAL FOR TIME CHANGE OF BEHAVIORAL HEALTH ADVISORY BOARD MONTHLY MEETINGS**

The group discussed the possible benefits and drawbacks of changing meeting dates and times to accommodate those that cannot attend during the normal workweek hours of Monday through Friday, 8 am to 5 pm.

A motion was made by Jaron Brandon and seconded by Maureen Woods to change the regular meeting times from 4 pm – 6 pm to 6 pm – 8 pm. Motion did not pass.

(Ayes: 4 – Jaron Brandon, Mary Anne Schmidt, Maureen Woods, and Susie DeMassey. Nays: 4 – Sherry Bradley, Cynthia Halman, Elizabeth Marum, and Jenn Salazar. Abstentions: 1 – Heather Farris Members Absent: 3 – Emily Valentine, Marjorie Langdon, and Valerie Shuemaker)

## **VIII. NEW BUSINESS & ACTION**

### **A. REVIEW BEHAVIORAL HEALTH ADVISORY BOARD EVALUATION TOOL**

Mary Anne Schmidt shared a proposed evaluation tool included in the agenda packet and attached to these minutes that could be utilized by Behavioral Health Advisory Board members to self-evaluate by providing feedback on a variety of topics, such as conduct, duties, membership diversity, and meetings.

The group discussed the purpose of this tool and benefits to be gained from the information derived from this annual survey.

A motion was made by Heather Farris and seconded by Maureen Woods to approve this survey tool to provide focus and assure the effectiveness of this board. Motion passed.

(Ayes: 8 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Susie DeMassey. Nays: 1 – Cynthia Halman Abstentions: 0 Members Absent: 3 – Emily Valentine, Marjorie Langdon, and Valerie Shuemake)

**B. SET MONTHLY MEETING CALENDAR**

Mary Anne Schmidt provided a draft meeting calendar covering the period of the next two years to assure there are no conflicts with holidays.

After discussion, the group proposed moving the July meetings only for 2023 and 2024 to July 12, 2023, and July 10, 2024. A motion was made by Elizabeth Marum and seconded by Cynthia Halman to set the meeting calendar as proposed. Motion passed.

(Ayes: 9 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Susie DeMassey. Nays: 0 Abstentions: 0 Members Absent: 3 – Emily Valentine, Marjorie Langdon, and Valerie Shuemake)

**C. DISCUSS SCREENING OF KEN BURNS FILM: Hiding in Plain Sight**

Mary Anne Schmidt presented information about hosting a screening of the Ken Burns film “Hiding in Plain Sight”. Material and a tentative organizational plan were shared within this month’s agenda packet. A brief discussion was had with Tami Mariscal and Pandora Armbruster during the regular agenda prep meeting. Mary Anne would like the Behavioral Health Advisory Board’s feedback on this proposed outreach effort before any further action or decisions are made. The group discussed the potential positive impact to the community and shared their overall support for this screening.

Mary Anne Schmidt created an Ad Hoc for the organization of the potential screening event which consists of Cynthia Halman and Heather Farris.

<b>IX. AD HOC COMMITTEE REPORTS &amp; ACTION</b>
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**A. BOARD MEMBERSHIP - TRAINING**

Heather Farris shared a breakdown of the proposed Behavioral Health Advisory Board Orientation training which consists of four separate training modules.

The first module would be a Welcome to Government which would review the Welfare & Institutions Code, Brown Act, Roberts Rules of Order, and how to operate, etc. The second piece would focus on an Introduction to Board Membership which would cover bylaws, meeting courtesy and decorum, Behavioral Health Department’s Advisory Board webpage, CALBHB/C website, etc. The third piece would be aimed at Understanding the Basics and focused on interactions between the new member and their mentor. The fourth and final piece would be going over the required training and continued learning expectations of all board members.

A suggestion was made to have all existing Behavioral Health Advisory Board members experience this four-part training in its entirety so all understand what will be offered to new members. This will also assist existing members in mentoring new members appropriately.

A breakdown of this proposed Orientation Training will be shared again with the rest of the Behavioral Health Advisory Board.

**B. SITE VISIT PLAN**

Sherry Bradley informed the Behavioral Health Advisory Board that the Site Visit Ad Hoc (Sherry Bradley, Jenn Salazar, and Elizabeth Marum) has been working on reviewing other counties site visit plans to gain information on the process. If possible, the Site Visit Ad Hoc will meet again before the next scheduled Behavioral Health Advisory Board meeting to work more on this process. They have identified the Enrichment Center as a potential first site to visit. Sherry expressed her wish to work with the Behavioral Health Director to gain input and develop a site visit protocol, determine frequency of site visits, number of members participating in each visit, etc.

Jenn Salazar suggested that board members possibly participate in some of the different scheduled support groups to gain insight into those programs. Tami Mariscal identified a potential issue with privacy which would need to be considered before this could be allowed. Tami also suggested that the Behavioral Health Advisory Board connect with the Patients' Rights Advocate.

<b>X. REPORTS</b>
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**A. BOARD MEMBER REPORTS/ANNOUNCEMENTS**

Susie DeMassey thanked the Behavioral Health Advisory Board membership for the time and education she has received while serving. She shared her appreciation of the time and commitment of those dedicated to providing mental health services in our community.

Sherry Bradley informed attendees of the final submission of the 2022 Data Notebook for Tuolumne County. There were impacts to submission that created a challenge, but those issues were remedied, and the survey has now been completed.

**B. BEHAVIORAL HEALTH STAFF REPORTS/ANNOUNCEMENTS**

Lindsey Lujan shared information on the upcoming 2-day Orientation Training event. The Behavioral Health Department has requested that the Behavioral Health Advisory Board participate to provide important feedback on the material being shared. This training is scheduled for Monday, December 12, 2022 @ 8:30 am to Noon and Tuesday, December 13, 2022 @ 1:00 pm to 5:00 pm. Lindsey has requested that Behavioral Health Advisory Board members confirm their attendance so that the appropriate number of materials can be prepared for all attendees.

**C. SUPERVISOR'S REPORT**

Has Supervisor Brandon wished everyone very happy holidays over the coming month. He informed the group that the County Administrators Office

is currently updating the Committees and Commissions Handbook to streamline processes for all Board Committees and Commissions.

Jaron shared that he is not yet aware whether he will be serving an additional term as the Board of Supervisors representative for the Behavioral Health Advisory Board, so wished to take this opportunity to thank the members for their service and praised their commitment to mental health issues within Tuolumne County. He thanked the Behavioral Health Department leadership and support staff for their continued support in assuring that the business of the Behavioral Health Advisory Board continues.

#### D. DIRECTOR'S REPORT

Tami Mariscal, Behavioral Health Director, reported that the department met all milestones for Quarter 3 of CalAIMS. Documentation redesign, No Wrong Door implementation, required staff trainings, updated Electronic Health Record (EHR), and the revision or creation of related policies were all completed timely and appropriately.

Over the course of the summer, the Behavioral Health team managed the numerous changes required by the implementation of CalAIMs, while simultaneously preparing for the CA Department of Healthcare Services (DHCS) Triennial Audit which is scheduled for a 2-day virtual review on Feb. 21 and 22, 2023. Approximately 1500 pieces of evidence have been identified and staff are in the process of submitting all by January 20, 2023.

This review covers both the Mental Health Plan (MHP) and Health Care Clinic policies and procedures, including a full review of the service delivery systems which also contains an audit of treatment charts and associated claims from July 1, 2022, through December 1, 2022. The primary focus is on the MHP's efforts and successes in the implementation of the various CalAIMs milestones during the first quarter of FY22/23. MHP staff have been preparing for months, and the team shares a general stance that we are ready with no concerns for potential findings. We expect the final report to be presented sometime in mid-Spring 2023. Once received, the report will be shared with the Behavioral Health Advisory Board.

The Tuolumne County Team participated in the CARE Court State Kickoff meeting Nov. 30, 2022, in San Diego. This session was intended to bring Cohort 1 counties together to discuss same/similar challenges but also to allow the State to further advance the purpose and goal of SB1338. At this point, individuals from the various counties are grouped through their perspective associations, e.g., CBHDA, working together to establish standards that can inform and support Cohort Group 2 counties to go live by October 2024.

Tami provided the following staffing update. Tuolumne County began 2022 with a 57% vacancy rate for the Clinician classification which is now sitting at a 36% vacancy rate. We continue to advertise for open positions for Crisis Coverage, Program Specialist and for our newest classification the Peer Specialist III. We are happy with our progress and hope to continue the momentum in filling vacancies.



The Behavioral Health Director has been in contact with the Director of the Tuolumne Mi Wuk Health Clinic and recently established a plan for the department to support them when their providers identify an individual who needs a 5150 evaluation. Meetings are planned in January 2023 to begin identifying the various elements within the CalAIMs initiatives, like No Wrong Door, that would allow for more collaboration and coordination across the two systems. In the past, a client would need to make a choice between the two entities.

The Crisis Mobile Grant is moving forward. Two of three vehicles have been purchased. Both are slated to be operational by January 2023. The third vehicle is in the purchase phase and the floor plan and other features are being drawn up. The final hurdle is staffing. We are still looking to fulfill the grant funded certified Peer Specialist III classification.

Lastly, Tami shared that she is celebrating the completion of her first year as the Mental Health Plan Director. She has enjoyed the time greatly and hopes to continue to be effective in leading the Behavioral Health team, serving the Tuolumne County Medi-Cal beneficiaries, and supporting the various community partners who work alongside us in providing care for individuals in need.

Elizabeth shared her appreciation of the reduced vacancy rate though shared her concern that 36% still seems high. Tami explained that relief staff do fill gaps, even though they are not counted as a full-time employee and do not carry a full case load. The County Human Resources Department continues to support the department in new and creative ways to recruit candidates for these hard to fill positions. A pay increase and a retention bonus have both been negotiated for current Behavioral Health Clinicians.

**E. BEHAVIORAL HEALTH ADVISORY BOARD CHAIRPERSON REPORT:**

To save time, Mary Anne Schmidt provided a written report within the agenda packet which she requested that members read. A copy of that report is attached.

<b>XI. SUGGESTIONS FOR NEXT MONTH'S AGENDA</b>
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Cynthia inquired about the speakers scheduled for 2023. Mary Anne shared that Terri Alford, Mental Health Student Services Act (MHSSA) Program Supervisor, is the next scheduled speaker and will be attending the February 1, 2023, meeting to provide an explanation of the Wellness Centers on School Campuses. There is no confirmation yet for the next two speakers.

Supervisor Brandon would like to address ways on how the Behavioral Health Advisory Board can communicate to the public what programs are available and solicit more feedback on those programs from the community. Large issues also need to be addressed, such as CARE Court and drug abuse in our community.

Tami Mariscal, Behavioral Health Director, suggested that the Behavioral Health Advisory Board could be a voice in the community concerning Drug Medi-Cal services and programs.

## **XII. ADJOURNMENT**

The December 7, 2022, Behavioral Health Advisory Board meeting was adjourned at 6:07 pm.

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for January 4, 2023, at 4:00 pm at the Tuolumne County Behavioral Health Enrichment Center, 105 Hospital Road, Sonora, CA 95370. Detailed meeting information will be posted on the January 2023 Agenda.

**Tuolumne County Behavioral Health Advisory Board  
Annual Goals December 2022-July 2023**

**Goal I: Fulfill the mandated responsibilities and core purposes of the Tuolumne County Behavioral Health Advisory Board.**

1. Review and evaluate the community's mental health needs, services, facilities, and special problems [5604.2 (a)(1)] Welfare & Institutions Code (WIC).
2. Review any county agreement entered pursuant to Section 5650 of the Welfare & Institutions Code (WIC) [WIC 5604.2 (a) (2)].
3. Advise the governing body and the local mental health director as to any aspect of the local mental health program. [WIC 5604.2 (a) (3)].
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process [WIC 5604.2 (a) (4)].
5. Submit an annual report to the Board of Supervisors on the needs and performance of the county's Behavioral Health system [WIC 5604.2 (a) (5)].
6. Review and make recommendations on applicants for the appointment of a local director of behavioral health services. The board shall be included in the selection process prior to the vote of the governing body. [WIC 5604.2 (a) (6)].
7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council (CMHPC) [WIC 5604.2 (a)(7)].
8. Assess the impact of the realignment of services from the state to the county on services delivered to clients and the local community [WIC 5604.2 (b)].
9. Conduct a public hearing on the county's Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan and Annual Update at the close of the 30-day comment period required by the subdivision [WIC 5848(a)].

**Agenda Item VII.A continued**

**Goal II: Maintain an active, involved Behavioral Health Advisory Board.**

1. Achieve full BHAB membership that reflects the diversity of the client populations served in the county. (See WIC 5604).
2. Maintain a high attendance and participation at all Behavioral Health Advisory Board meetings, including all committees and/or workgroups.
3. Maintain representation on appropriate local, regional, and state boards, committees, councils, etc., and regular reporting to the Behavioral Health Board.
4. Complete 100% of scheduled site visits.
  - a. Please provide the number of visits and how many visits will be done per month.
  - b. This information will help plan for staffing resources.  
*Sherry Bradley informed the BHAB that proposed site visits would be scheduled quarterly.*
5. Provide mentorship and training opportunities to Behavioral Health Board Members.
  - a. Who will provide this mentorship and training?  
*Heather Farris relayed that a one-hour orientation training would be provided each quarter with an additional half-hour set aside for questions and answers. Training would be provided by Heather Farris and Mary Anne Schmidt.*

6. Conduct an annual retreat in April to set yearly goals.
  - a. Will this be part of a regular BHAB meeting?
  - b. This information will help plan for staffing resources.  
*The group discussed this further as this type of meeting would need to be agendized and supported by county staff.*
7. Activate the Executive Committee as a standing committee.
  - a. Will this be part of a regular BHAB meeting?
  - b. This information will help plan for staffing resources.  
*The group discussed this further and an action item in reference to this topic is currently in place for Mary Anne Schmidt and Tami Mariscal to work together to clarify next steps.*
8. Design a budget
  - a. by April 30<sup>th</sup> and obtain approval from the BH Director.
  - b. This information is needed to plan for our 2023-24 budget.  
*The group discussed the need for a budget and how Behavioral Health Advisory Board expenses were handled in the past.*
9. Design Behavioral Health Advisory Board website pages with county staff.
  - a. Will these pages be within the existing BH website?  
*Pandora Armbruster will be working on the webpage to include more Behavioral Health Advisory Board information in the new year. These updates are scheduled to be in place by the end of January 2023.*
10. Streamline board meetings.
11. Develop a self-evaluation tool for the Behavioral Health Advisory Board.
12. Update the Behavioral Health Advisory Board notebook to a concise and electronic version.
13. Explore becoming a Drug MediCal board combined with Behavioral Health Advisory Board.

## Evaluation Tool for the Tuolumne County Behavioral Health Advisory Board

The survey will be completed every year in April, compiled by the Secretary of the Advisory Board, and discussed at the May Meeting.

<b>CONDUCT OF BOARD MEMBERS</b>	Yes	Needs Improvement	Unsure
1. Keep comments short (do not monopolize discussion).			
2. Listen actively.			
3. Focus on issues.			
4. Follow meeting rules of order (Rosenberg's Rule of Order).			
5. Follow the Brown Act.			
<b>DUTIES OF THE BOARD</b>	Yes	Needs Improvement	Unsure
1. Advise the Tuolumne County Behavioral Health Director.			
2. Complete the Annual Report.			
3. Complete Data Notebook.			
4. Review and evaluate the community's public mental health needs, services, facilities, and special problems.			
5. Review county agreements.			
6. Review and approve procedures used to ensure citizen and professional involvement at all stages of the planning process.			
<b>DOES YOUR BOARD MEMBERSHIP</b>	Yes	Needs Improvement	Unsure
1. Represent your community's diversity and demographics?			
2. Include at least 20% of consumers (individuals with lived experience of mental illness)?			
3. Include at least 20% of the family members of consumers?			
4. Include at least 50% combination of family members and consumers?			
5. Include at least one Board of Supervisor member?			
6. Include individuals who engage with the mental health system daily (education, law enforcement, hospital, homeless, social workers, youth, veterans).			
7. Receive orientation and training?			

AT BEHAVIORAL HEALTH ADVISORY BOARD MEETINGS	Yes	Needs Improvement	Unsure
1. Is there a quorum of the Behavioral Health Advisory Board in attendance at all meetings?			
2. Is housekeeping limited (use of Executive Committee to address board organizational topics).			
3. Does the time and location encourage public participation?			
4. Are the Brown Act posting and document-sharing requirements met?			
5. Is the agenda followed?			
6. Does the agenda provide instructions regarding public comment?			
7. Do the speakers address Behavioral Health Advisory Board priorities, including the concerns of the public?			
8. Do the speakers address access and effectiveness of services and programs?			
9. Do the speakers address mental/behavioral health needs and issues?			
10. Do the meetings begin and end on time (no longer than 2 hours)?			
<b>COMMENTS:</b>			
<b>NAME (OPTIONAL):</b>			

## Behavioral Health Advisory Board Chair Report

From the Chair

December 7, 2022

These last few months have been busy.

- I attended the California Association of Local Behavioral Health Boards and Commissions quarterly meeting in Sacramento. It was nice to talk with other board members about their successes and their challenges.
- I met with Tracie Riggs, County Administrator, on the following issues:
  - Establishing the executive committee. (Tracie will check with county counsel if we can have our own email and zoom account and if we could take our own minutes.)
  - Developing a budget for our board. (It may need to be a line item on the county general budget since money cannot come from the Behavioral Health Department. It was not clear what the next step would be.)
  - Requesting the citations of the law on the following
    - How to calculate quorum
    - Youth under 18 on boards
    - Keeping a public meeting going for the sake of discussion without any action.

(Tracie said that a new committee and commissions handbook will be proposed at the Dec. 6 Board of Supervisors meeting where this handbook may address these issues.)

**(Note:** the agenda packet for the BOS will come out on Thursday, December 1, 2022. It is important that we review the support material on the boards and commissions handbook. We should have some representatives at this BOS meeting.)

- Tracking board members' terms. (Tracie wants to leave as is.)
- Requesting that all support materials for the agenda are reviewed by the BHAB chair before the agenda is sent out to the public and the board. (Tracie will discuss this with the staff.)
- I met with BH Director, Tami Mariscal and discussed a public screening of the Ken Burns documentary, *Hiding in Plain Sight*. Subsequently, this topic is on the agenda.
- I am in the process of researching the pros and cons of our board becoming a drug Medi-Cal board. I have reached out to CALBHBC to help us with this. Theresa Comstock said over 50% of the counties in California have combined Drug Medi-Cal Boards and Mental Health Boards. As a board, we would review contracts with vendors that would provide substance use disorder (SUD) services. We would also be part of the planning of any programs for SUD. The BH Dept. would be billing Medi-Cal for these services. So, it looks like our duties would stay similar to what we do already. Here is a link to the counties that are participating.  
<https://www.dhcs.ca.gov/provgovpart/Pages/county-implementation-plans.aspx>
- I discussed with Pandora and Tami about the county website page for BHAB. Pandora will work on this in January 2023.

- I am in the process of developing a stakeholder list for our BHAB. This includes any agency, non-profit, department, business, school contacts, families, or friends that are interested in or connected to mental health issues.
- In January I would like to discuss board members attending certain community meetings. The list is attached to my report. Please consider what meetings you would like to attend. Having our board attend these meetings helps us to have a better pulse of the mental health needs in our county. Also, it is a way for us as a board to let others know that we exist, and we are there to advocate for our community.

Thank you for your service.

Board Assignments for Committees, Boards, and Commissions

	<b>Committee/Board/Commission</b>	<b>Board Member Assignment Until June 30, 2023</b>	<b>Time of Meeting</b>	<b>Location</b>
1	Area 12 on Aging			
2	BH Cultural Collaborative			
3	BH Quality Improvement Council			
4	CALBHBC			Virtual/in-person
5	Center for Non-Violence (CNVC)			
6	Juvenile Justice Correction			
7	MHSA			Virtual
8	MSHAOC			Virtual
9	NAMI			
10	TC Homelessness Commission			
11	Valley Mountain Regional Center			
12	YES Partnership			
13				
14				
15				
16				
	BOS rotating board member for public comment		Tuesdays 9 am	BOS Chambers





**Tuolumne County Behavioral Health Advisory Board (BHAB)**  
**(Minutes of the MHSA Innovations Public Hearing of September 19, 2022)**

**DRAFT**

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Sep. 19, 2022 MHSA Innovations Public Hearing
Jaron Brandon - BOS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Anaiah Kirk – BOS Alt	E	E	E	E	E	E	E	E	E	E
Mary Anne Schmidt, Chairperson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sherry Bradley, Vice-Chairperson	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heather Farris, Secretary	✓	✓	E	✓	✓	✓	✓	✓	✓	✓
Cynthia Halman	✓	✓	E	✓	✓	✓	E	✓	✓	✓
Elizabeth Marum	✓	✓	✓	✓	E	✓	✓	✓	E	E
Emily Valentine	E	✓	✓	✓	E	✓	E	✓	A	✓
Jenn Salazar	✓	✓	✓	✓	✓	✓	✓	✓	E	✓
Marjorie Langdon	A	✓	✓	E	✓	✓	E	✓	A	E
Maureen Woods	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Susie DeMassey	✓	E	✓	E	✓	E	✓	E	✓	E
Valerie Shuemake	E	✓	E	E	A	✓	✓	E	✓	E

Present = ✓ Absent = A Excused = E

12 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Lindsey Lujan, Agency Manager – Behavioral Health Department
Jenn Guhl, MHSA Agency Manager – Behavioral Health Department
Pandora Armbruster, Administrative Assistant – Behavioral Health Department
<u>Others in Attendance</u>
Terri Alford – Mental Health Coordinator, Tuolumne County Superintendent of Schools
Theresa Comstock - Executive Director, CALBHB/C
Myra Tahir – Intern, CALBHB/C
Chris Mackenzie, Director – Infant/Child Enrichment Services (ICES)
Raul “Rev” Vaughn – Entrepreneur, Website Design & Innovative Programs for Mental Health

**I. CALL TO ORDER**

- Behavioral Health Advisory Board Chairperson, Mary Anne Schmidt, announced to attendees that the meeting was being recorded.

The meeting was called to order at 4:03 pm. Eight of the twelve members were present and accounted for at the time of roll call to complete a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as

roll call was taken. Those present were Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Emily Valentine, Jenn Salazar, Marjorie Langdon, and Maureen Woods. Jaron Brandon, Elizabeth Marum, Susie DeMassey, and Valerie Shuemaker were not in attendance at the time of roll call.

The September 7, 2022, Findings Resolution for AB 361 indicating that the Behavioral Health Advisory Board would be meeting virtually only through October 6, 2022, was incorporated into the meeting record.

## **II. INTRODUCTIONS**

Introductions were made by Tuolumne County staff in attendance, as follows: Lindsey Lujan – Quality Management Agency Manager, Jenn Guhl – MHSA Agency Manager, and Pandora Armbruster – Administrative Assistant. Others in attendance were Terri Alford – Mental Health Coordinator, Tuolumne County Superintendent of Schools; Theresa Comstock – Executive Director, CALBHB/C; Myra Tahir – Intern, CALBHB/C; Chris Mackenzie – Director, ICES; and Raul Vaughn, local entrepreneur.

Jaron Brandon, Tuolumne County Board of Supervisors – District 5, arrived at the meeting just as introductions were completed.

## **III. PUBLIC HEARING & COMMENT PERIOD**

FY 2022-2027 MHSA Innovations Plan: Family Ties – Youth & Family Wellness – presented by Jenn Guhl, MHSA Agency Manager

Jenn Guhl presented the attached PowerPoint presentation and requested feedback on this proposed Innovation Project from those in attendance.

Questions posed were:

- Supervisor Brandon inquired about paying parents to attend these events to maximize attendance. Jenn Guhl replied that she would take note and follow up.
- Chris Mackenzie, ICES Director, suggested raffle prizes be used as incentives. Jenn answered that raffle prizes were something that could be utilized at events.
- Jaron also asked how this project is engaging and utilizing community partners that already run similar alternative opportunities which could benefit from a mental health component, such as movie theaters, game rooms, community halls, etc.

Lindsey Lujan explained that first steps to this project does not include the provision of alternative mental health therapy, but instead will focus on engaging those already working with families at local events to connect them with mental health resources and to gain feedback on what therapies those families would be most interested in participating in.

- Sherry Bradley asked what is considered an alternative therapy? Lindsey replied that things such as sound therapy, yoga, and equine therapy are just a few of the alternatives being talked about.
- Terri Alford, Mental Health Coordinator – MHSSA, asked if the proposed budget allows for transportation to events? Lindsey reported that transportation costs were included in the budget.

- Raul Vaughn asked for a summary of the contractor's portion of the budget and what the department hopes to accomplish with this project.  
Lindsey replied that the department has been working with the Fiscal Department and reviewing existing PEI contracts to determine potential costs associated with providing alternative ways for families to receive therapy. The hope is to reach families in a way that has value for them.
- Theresa Comstock, Executive Director – CALBHB/C, shared her appreciation of the conversation surrounding non-traditional contractors and service providers. She is hoping that the staff and any potential contractors will go outside of normal circles to find out about other groups practices, such as tribal communities, groups that serve older adults, children's groups, etc. Theresa also shared information on rising transportation costs for the last portion of the year and noted that those costs could be a barrier for some to attend.
- Sherry Bradley inquired who would be eligible to participate in this program. Lindsey informed her that the target population and focus of this project will be those clients already being served through the Behavioral Health Department.
- Marjorie Langdon clarified that the presentation states that the department has no plans to hire new staff at this time, and without new staff, wondered what plans are in place to build out this concept? Jenn Guhl explained that roles/tasks will be reassigned for an existing vacant Program Specialist position to allow extra time for the implementation of this project. There are also costs set aside for a Staff Analyst to support the program.  
Marjorie asked what success for this program looks like? Lindsey shared that success looks like families or youth staying in services longer rather than starting and stopping, only to return to treatment again later down the road. Statistics prove that continued participation and engagement in programs result in more successful outcomes.
- Cynthia Halman shared her appreciation of this Innovation proposal. In her personal experience, finding activities and therapies that the whole family can engage in and are inviting and supporting is crucial and necessary. She also shared that at this time, Tuolumne County Transit is still free and is hopeful that this will continue into the new year.
- Heather Farris shared her excitement about this project and loves hearing that Behavioral Health will be offering enjoyable, creative, and sustainable methods for families to receive treatment together. She asks how the Request for Proposal (RFP) process will determine available therapies and what ultimate types of therapy the department is hoping to obtain? Lindsey shared that there will be an open call for proposals of all types of alternative therapies. A panel consisting of county staff, inside and outside of the department will be reviewing and rating those received.
- Raul Vaughn thanked Jenn Guhl and Lindsey Lujan for their work on putting this innovation project together. He noticed that the budget for this project shows costs increasing each year except for the contractor's base fees/expenses. These figures do not feel very appealing to those applying for this contract. Lindsey explained that these contracts are hyper-focused

to pay for individual short term events where ongoing therapy would not be provided.

- Sherry Bradley asks about clarification surrounding the implementation of a Community Project Planning Process (CPPP) to determine what people would be interested in participating in before moving forward with an RFP for alternative therapies. Both Lindsey and Jenn relayed that the CPPP will be one of the first steps in implementing this project.
- The group discussed the difficulties in completing an RFP from the contractor's standpoint.

Mary Anne Schmidt thanked Jenn Guhl and Lindsey Lujan for the informative presentation and work put into this project.

#### **IV. PUBLIC COMMENT:**

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No public comments were received on items not listed on this agenda.

#### **V. ADJOURNMENT**

The September 19, 2022, Behavioral Health Advisory Board Public Hearing for the FY 2022-2027MHSAs Innovations Plan was adjourned at 5:15 pm.

The next regular monthly Tuolumne County Behavioral Health Advisory Board meeting is scheduled for October 5, 2022, at 4:00 pm via videoconference through Zoom and teleconference only. Meeting information will be posted on the October 2022 Agenda.

## Agenda Item VIII.A

### Board Assignments for Committees, Boards, and Commissions

	<b>Committee/Board/Commission</b>	<b>Board Member Assignment Until June 30, 2023</b>	<b>Time of Meeting</b>	<b>Location</b>
1	Area 12 on Aging			
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8	MSHAOC			Virtual
9	NAMI			
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11	Valley Mountain Regional Center			
12	YES Partnership			
13				
14				
15				
16				
	BOS rotating board member for public comment		Tuesdays 9 am	BOS Chambers

**TUOLUMNE  
COUNTY  
VOLUNTEER  
FAIR**



**Thursday, March 30th,  
2023 3:30 - 6:30 PM**

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**This email contains a link to your  
[Registration Form](#) and information  
about promoting the Tuolumne County  
Volunteer Fair.**

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## **We are inviting your nonprofit to register for a table - It's Free!**

**Please register as soon as possible so we will know how many buildings at the fairgrounds we need to reserve. We will accept registrations on a first come, first serve basis.**

**\*\* The registration deadline is Friday, January 30th, 2023 \*\***

The link below will take you to the Tuolumne County Volunteer Fair website (<https://tcvfair.org/>). The information you are filling in during the registration process will be placed on our website, where interested volunteers have access throughout the year. Our goal is to share as much information as possible about your incredible organization.

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## **Agenda Item VIII.C**

### **Questions for Terri Alford our next speaker in February 2023**

Please bring other questions you may have for Terri to the January meeting. The questions will be sent to Terri to prepare for the presentation.

What is the purpose of the MHSSA Grant for the Schools?

How many clinicians do you employ?

How many Wellness Centers on school campuses do you have?

What is the timeline for this grant?

What other personnel is involved in this grant?

What challenges have you had in getting this program started?

What success stories do you have?

How many students have you served so far?

What issues do the students bring to the clinicians?

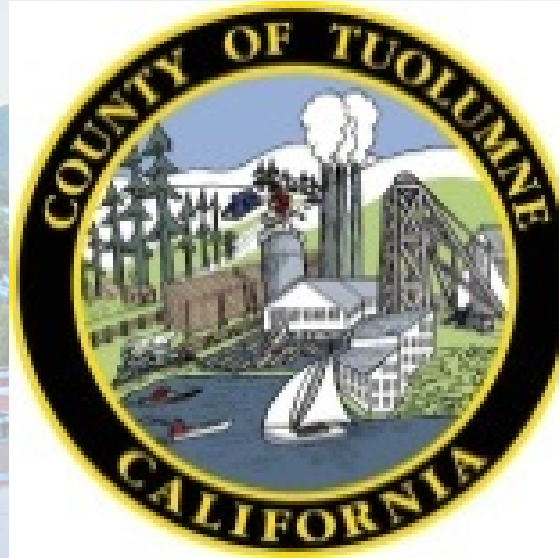
What do students want out of this program?

What do you hope to accomplish in the first year of this program?

How are the parents reacting to this program?

How is the school staff reacting to this program?





**TUOLUMNE COUNTY BEHAVIORAL HEALTH  
SUBSTANCE USE DISORDER PROGRAM  
DONNA VILLANUEVA, MFT**

## MEET OUR STAFF

- Carol Nicholson, CADC-CAS  
Recovery Counselor II
- Paul Castonguay, CADC I  
Recovery Counselor I
- Liz Victor, CCAP RADT  
Recovery Counselor I
- Donna Villanueva SUD Clinical  
Supervisor





# REFERRALS COME FROM

- Self Referred
- Probation
- Court Order Programs
- Deferred Entry of Judgement
- Child Welfare Services (Dependency Drug Court)
- Community Based Organizations
- Schools



# ELIGIBILITY

- ASAM (American Society of Addiction Medicine) Assessment tool is completed with the client at time of initial assessment. The ASAM is completed to determine criteria for eligibility and level of care
  - The ASAM gathers history of past and current of substance use and how their substance use effects their life
  - There are eleven questions that determine whether their symptoms are mild, moderate or severe
- A Yes for 2-3 of the ASAM questions is mild
- A Yes for 4-5 of the ASAM questions is moderate
- A YES for 6 or more is severe

# SUD PROGRAM SPECIALTY SERVICES

- The six main programs within SUD
  - Perinatal
  - AYT (Adolescent Youth Treatment)
  - Brief Intervention
  - Judicial Programs
  - Self Referred
  - Prevention

## PERINATAL SERVICES



### What is offered in Perinatal:

- Gender-specific groups
  - Helping Women Recovery
  - Seeking Safety
- Nurturing Parenting skills
- Recovery Skills
- Case management
- Outreach and engagement
- Residential treatment
- Transportation
  - To both SUD and Medical appointment
- Childcare

## WHAT IS INCLUDED IN ADOLESCENT YOUTH TREATMENT SERVICES:

- Family and Individual Counseling
- Recovery Skills
- Independent Living skills
- Health issues
- Work Readiness/career planning/job training
- Case management-coordination with community agencies



## BRIEF INTERVENTION

- Referred from the Schools
  - Schools will refer if a youth is caught vaping, smoking cannibals, caught under the influence, etc. while on campus
- 2-4 Sessions that focus on:
  - Learning to take an active and reflective role in the decision about their behavior
  - Receive personalized assistance in weighing the personal cost associate with their use
  - Will receive support in developing a plan to make any change they see as beneficial
- For youth with have relatively low levels of use, low levels of dependency or short history of use.





## JUDICIAL PROGRAM

- Triggers to Relapse
- Relapse Prevention
- Recovery Planning
- Social Skills
- Relationship Building
- Mindfulness Skills
- Communication Skills
- Life Skills
- Helping Women and Men Recover
- Discharge Planning

# PREVENTION EFFORTS

Tuolumne County Behavioral Health  
Partners with ATCAA to Fund:

1. Friday Night live
2. Club Live
3. Mentoring

Recently a new grant through our SABG  
Supplemental was awarded to expand the  
mentoring program.

SUD Counselors visit the JDF to facilitate  
prevention groups and in the community.



# QUESTIONS



## **Chair's Report**

**January 4, 2023**

Dear Behavioral Health Advisory Board,

This last month has gone by fast and with the holidays upon us, life is busy.

Four BHAB members attended the training on contracts offered by the Behavioral Health Department on Dec. 12 and 13, 2022. Lindsay Lujan, the Quality Improvement Agency Manager, presented the material. She was great. It was nice to get to know this knowledgeable staff member. On the first day, we were introduced to Medi-Cal managed care health plans (MCPs) and what responsibilities and services these plans must provide. We received a well-organized three-ringed binder with over 20 tabs. We have our reading cut out for us for the next few months. It was nice to have 3-4 staff members present also to help us with our questions.

On the second day, we were introduced to Stephen Roos, Full-Service Partnership Supervisor, Betty Hoskins, Crisis Supervisor, Donna Villanueva, Substance Use Services Supervisor, and Lindsay substituted in for Rayanne Tamayo, Adult Services Supervisor. All these Supervisors made presentations to us. It was great to meet these hard-working leaders who care for our vulnerable populations.

Lindsay plans to have an audio copy and notebook available for those who could not make this training. Please contact her when you are ready to learn more about the BH department and its contracts.

Tracie Riggs, the Tuolumne County Administrator, contacted me and said she will contact County counsel and Tami Mariscal, BH Director, to help resolve the issues that she and I discussed last month: executive meeting, bylaws, quorum, and budget.

In the next few months, we as a board have the opportunity to be in contact with the public through the Volunteer Fair, the Ken Burns film—Hiding in Plain Sight screening, the monthly BH Coffee Talk, and the assigned community meetings. Please consider volunteering for these events. These are ways for us as board members to help evaluate the community's mental health needs.

With a new year upon us, we are off to a great start with our newly approved goals and duties guiding us forward.

Happy New Year!

Sincerely,  
Mary Anne Schmidt  
Chair of the BHAB