



**Tuolumne County Behavioral Health Advisory Board
(Minutes of the meeting of March 3, 2021)
FINAL**

<u>2021 MHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	C	✓	✓									
Cynthia Halman	A	✓	✓									
Chris Daly	N	✓	A									
Jenn Salazar	C	✓	✓									
Anaiah Kirk – BOS Alt.	E	E	E									
Mary Anne Schmidt	L	✓	✓									
Valerie Shuemake	E	A	✓									
Sherry Bradley	D		✓									

Present = ✓ Absent = A Excused = E

7 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Michael Wilson, Director – BH
Tami Mariscal, Deputy Director - BH
Lindsey Lujan, QI Manager – BH
Robert Porta, Planned Services Supervisor - BH
Donna Fone, FSP Supervisor - BH
Pandora Armbruster, Administrative Assistant - BH
Amanda Lawrance, QI Staff Analyst - BH
<u>Others in Attendance</u>
Jennifer Pastorini

I. CALL TO ORDER

Advisory Board Chair, Cynthia Halman, called the meeting to order at approximately 4:05 pm. Six members were present and accounted for through roll call to complete a quorum for the Board.

II. INTRODUCTIONS

Behavioral Health staff present, all listed in attendance, completed introductions along with all Board Members.

III. CORRESPONDENCE

None to report.

IV. APPROVAL OF MINUTES: December 2, 2020 Meeting Minutes

A motion was made by Jaron Brandon and seconded by Mary Anne Schmidt to approve the minutes for February 3, 2021. The motion passed unanimously by all Board members

present and accounted for through roll call. (Ayes:6 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Sherry Bradley, Valerie Shuemake, and Jenn Salazar. Nays: 0)

V. SUPERVISOR’S REPORTS: Tuolumne County Board of Supervisors
Representative – Jaron Brandon.

Supervisor Brandon shared that the county is making appointments for the planning commission. Several other committees have begun to fill up and are still receiving applications. In late April or early May the Homeless Advisory Committee is slated to launch its first meeting. This committee consists of two Supervisors, two Council members, two representatives from the business sector, two representatives for the faith community, two representatives from nonprofit sector, one representative from each county district and one Health and Human Services representative.

Clean Up one Pile at a Time is going to begin cleaning up the Lowes Homeless Camp Encampment on Saturday March 6, 2021. There will be four sessions and an ongoing trash pickup program. Supervisor Brandon explains that the county is actively looking for a site for a homeless encampment in Tuolumne. He has begun to look at the Law and Justice Center property, but no decision has been made. This is a collective effort with law enforcement, Behavioral Health, and housing. The goal is to work together with all the different agencies to address the issue.

VI. BOARD MEMBER REPORTS: Members of the Advisory Board may give reports and comment on matters not on the agenda.

Mary Anne Schmidt thanked Director Wilson for distributing a current Organizational Chart of the Behavioral Health Department. Since the last meeting she has attended five different webinars, one on trauma informed in schools and two were from Fresno Behavioral Health. She also raised the question of whether the agenda for the Mental Health Advisory Board meeting had been posted to Facebook. It was confirmed that nothing had been posted for this month’s meeting, but Behavioral Health was actively working on this.

Mary Anne Schmidt also raised a concern around the naming convention of the board on the County website. The board was named a committee rather than an advisory board. Supervisor Brandon said that he would investigate on the County side and Deputy Director Mariscal explained that the change would be made for the Behavioral Health website.

Mary Anne mentioned a calendar for the meetings and trainings that are available to the board’s members. Cynthia Halman explained there was not currently any kind of calendar like this for the board. Trainings could be forwarded to all board members as they were received to help with making sure all members knew what was available to them. Discussion ensued around how agenda items could be added to the next month’s agenda. Cynthia explained that any member could forward a board item for review and that all items were in two weeks prior to the meeting to ensure timeliness for review and posting.

Mary Anne Schmidt would like three items added to the agenda for next month. The first item is to discuss member rosters, category, and term limits. The second is to discuss the orientation plan for new members and lastly to ask the Board of Supervisors what duties they would like to assign the Mental Health Advisory Board.

Sherry Bradley announced that she officially took her oath for office and completed her Public Services Ethic online training; and completed the supplements. Clarification was

offered to Sherry to submit her certificate of completion to Behavioral Health so that it may be filed with the clerk.

Cynthia Halman announced the CALBHB/C training on March 5th for Advising and Advocating to Reduce and Minimize Involuntary Treatment and Improve Outcomes. Cynthia also mentioned interest in Ethics training and noticed that Behavioral Health would be offering an Ethics training, but it is focused on Health Care Providers. Cynthia was open to brainstorming around options for how to obtain Ethics Training.

Cynthia would like to add to the agenda for next month the review of Valerie Shuemaker's board member term, as it has expired. Cynthia also clarified for future meetings that if all the items on the agenda are completed the Chair may adjourn the meeting, if all the items are not completed then a motion must be made to adjourn. The need for all agenda items to be received at least 10 calendar days prior to the scheduled meeting date was also identified by the group.

Valerie Shuemaker discussed that the hospital was very busy and that the vaccine clinics were going well. A large change was occurring, currently pending Attorney General approval Adventist Vallejo, psychiatric inpatient hospital, would be changing to Arcadia Health. This is currently where the majority of inpatient clients are sent from Tuolumne County.

VII. PUBLIC COMMENT (5 MINUTES PER PERSON)

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to five minutes. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No comments were received.

VIII. BUSINESS

Trauma Informed Care Presented by Robert Porta, Planned Services Supervisor

Robert Porta presented a PowerPoint on Trauma Informed Care. Trauma Informed Care is an approach to human services, especially in the behavioral health care services, which pays attention to a person's history of traumatic experience, the effects of trauma on the individual, and ways of facilitating health while avoiding retraumatization. An overview of the core principles, statistics support and the impact was presented. A short Ted Talk was presented on the topic. Discussion began around Tuolumne County Behavioral Health's use of Peers in Trauma Informed Care. Director Wilson clarified that Peers as a discipline is not a subset for the county and they would be included in trainings parallel to any other discipline.

Sherry Bradley inquired around how the environment plays a role in the feeling of safety. Director Wilson responded to décor and the effects it has, as well as open vs. closed concepts for Behavioral Health buildings.

Several members discussed how law enforcement and the judicial system could play a role in trauma informed care and if these agencies are trained in this. Dan Hawks, Chief Probation Officer, explains that they do utilize this approach and these are serious topics within his agency.

Revise TCBH Advisory Board Bylaws, Article 4, Section 4 Conflicts of Interest, section b. Restrictions on Membership – Continued from Last Meeting

The proposed new by-laws were created by Jenn Salazar and Mary Anne Schmidt. These were distributed to all board members prior to the meeting. It was decided that the by-laws would be sent to County Council for advisement on the language and would then be brought back to the committee for a vote on whether or not to move them forward to the Board of Supervisors.

Tuolumne County Innovations Plan – Director Michael Wilson

Director Wilson is currently seeking input and guidance about some of the decisions for the upcoming Innovations plan for MHSA. Director Wilson would like to have this item continued for the agenda next month. He will send out the documents that he would like the board to review and will follow up with the board next meeting.

Advisory Board Application from Emily Valentine – Review, discussion, and possible action

Mary Anne Schmidt began the discussion around Emily Valentine’s application, stating that she knows Emily as being responsible and would be a positive asset to the board. Sherry Bradley added that after review of her application she believed she would be a great family member representative. Sherry Bradley moved to make the recommendation to move Emily Valentine’s application forward to the Board of Supervisors for approval. This motion was seconded by Jaron Brandon. The motion passed unanimously by all Board members present and accounted for through roll call. (Ayes: 6 – Sherry Bradley, Cynthia Halman, Mary Anne Schmidt, Jaron Brandon, Valerie Shuemaker and Jenn Salazar. Nays: 0 Absent: 0)

Advisory Board Application from Penny Ablin – Review, discussion, and possible action

Mary Anne Schmidt discussed Penny’s application, stating that her experience as a emergency room physician would give her a lot of experience working with mental health clients. Sherry Bradley moved to make the recommendation to move Penny Albin’s application forward to the Board of Supervisors for approval. This motion was seconded by Jaron Brandon. The motion passed unanimously by all Board members present and accounted for through roll call. (Ayes: 6 – Sherry Bradley, Cynthia Halman, Mary Anne Schmidt, Jaron Brandon, Valerie Shuemaker and Jenn Salazar. Nays: 0 Absent: 0)

Advisory Board Application from Jennifer Pastorini – Review, discussion, and possible action

Jennifer stated that she saw a posting about the committee on Facebook and became interested. She explained that noticing the changes in her neighbors mental health during the time of the pandemic drew her to become more involved in mental health issues. Her degree in psychology and background in hospitality and digital marketing serve as an additional way she can help serve the board. Jennifer shared her experiences through social media and family members.

Sherry Bradley moved to make the recommendation to move Jennifer Pastorini's application forward to the Board of Supervisors for approval. This motion was seconded by Mary Anne Schimdt. The motion passed unanimously by all Board members present and accounted for through roll call. (Ayes: 6 – Sherry Bradley, Cynthia Halman, Mary Anne Schmidt, Jaron Brandon, Valerie Shuemake and Jenn Salazar. Nays: 0 Absent: 0)

IX. DIRECTOR'S REPORT – Michael Wilson, LMFT - BH Director

Michael Wilson shared that he will be going to the Board of Supervisors on March 16, 2021 to opt out of AB 1976, Laura's Law Involuntary Outpatient Treatment. Director Wilson urged board members to share their public comment at the Board of Supervisors. Laura's Law has a fundamental issue for Tuolumne County in that the law states counties must opt out of the involuntary treatment if it directly effects voluntary treatment. Since Laura's Law is an unfunded mandate and could cost upwards of \$11,000 per client when compared to current similar programs for voluntary treatment in the county, it would impact voluntary services.

Director Wilson explained that through the MHSA Stakeholder process they could approve Laura's Law if it were written into the MHSA 3 year plan. He encouraged board members to participate in the stakeholder process if they were interested in implmeneting Laura's Law. Director Wilson explained that prior to coming to this board and going to the Board of Supervisors he did touch base for opinions on the opt out option with several other agencies that could be impacted by Laura's Law; Judicial System, Probation, Sheriff's Office, District Attorney and more. Director Wilson said that he would be willing to talk to anyone individually about Laura's Law if they wanted.

X. ADJOURNMENT

The meeting adjourned by Cynthia Halman at 5:57 PM. The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for April 7, 2021, at 4:00 pm via Zoom and teleconference. Meeting information will be posted on the April 2021 Agenda.