



**Tuolumne County Behavioral Health Advisory Board
(Minutes of the meeting of February 5, 2020)**

FINAL

<u>2019 MHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Anaiah Kirk - BOS	E	✓										
Chris Daly	✓	✓										
Cynthia Halman	✓	✓										
Jenn Salazar	✓	✓										
John Gray – BOS Alt.	E	E										
Loretta Pagni	✓	✓										
Mary Anne Schmidt	✓	✓										
Scott Garrison	✓	✓										
Valerie Shuemake	✓	✓										

Present = ✓ Absent = A Excused = E

8 MHAB Members

<u>Tuolumne County Staff in Attendance</u>
Rebecca Espino, Director - HHS
Michael Wilson, Director – BH
Linda Downey, Chief Probation Officer
Pandora Armbruster, Administrative Asst - BH

I. CALL TO ORDER

Advisory Board Chair, Chris Daly, called the meeting to order at 4:00 pm. All members were present to complete a quorum for the eight-member Board.

II. INTRODUCTIONS

Introductions were made by all Board members present. Non-members included: Rebecca Espino – HHS Director; Michael Wilson, LMFT – BH Director; Linda Downey, Chief Probation Officer; and Pandora Armbruster, Administrative Assistant - BH, taking minutes.

III. CORRESPONDENCE

The group discussed the submission of email correspondence received from Terry Easley expressing her need to resign from her Advisory Board post due to family medical concerns. Per Advisory Board By-Laws, an item to elect a Vice Chairperson will be added to the March Advisory Board Agenda.

IV. APPROVAL OF MINUTES: January 8, 2020 Meeting Minutes

A motion was made by Valerie Shuemake and seconded by Mary Anne Schmidt to approve the minutes for January 8, 2020 as presented. The motion passed unanimously by all Board members present. (Ayes: 8 – Anaiah Kirk, Chris Daly, Valerie Shuemake, Cynthia Halman, Scott Garrison, Loretta Pagni, Mary Anne Schmidt and Jenn Salazar. Nays: 0)

V. SUPERVISOR'S REPORT: Anaiah Kirk, Tuolumne County Supervisor – District 3

Anaiah relayed that the Board of Supervisors is preparing for upcoming elections in March and potential changes that may occur as a result of those elections. The Tuolumne County Public Health Officer, Dr. Bernstein, has been released from his appointment. The Mariposa County Public Health Officer will be filling in until an interim Public Health Officer can be appointed.

Anaiah also shared his recent experience attending a CSAC Conference in Sacramento about two months ago where Nadine Harris, first CA Surgeon General to be appointed, spoke to attendees. She is a pediatrician and her focus and training are on ACES and early childhood trauma. The presentation was very good, and he has reached out to meet with her directly. More information may be shared after that one-on-one.

As a result of his experience within the Department of Corrections, Anaiah is very opposed to marijuana use, cultivation and expansion, especially the development of “Pot Shops” here in Tuolumne County. There is an ongoing conversation within the Board of Supervisors regarding this topic and the Board has been waiting for more input/regulation at the State and Federal level.

The Board’s annual Priority Meeting has recently been postponed until April due to a pretty busy schedule. Anaiah is hoping that cannabis issues and concerns can be discussed at that time.

VI. AUDIENCE/BOARD MEMBERS (5 MINUTES PER PERSON)

Members of the public may be heard on any item not on the Board’s Agenda. A person addressing the Board will be limited to five minutes unless the Chairperson grants a longer period of time. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

Mary Anne Schmidt shared a Resiliency Village flyer with the group which detailed a diagram of their current plan. The Resiliency Village newsletter is published monthly and is available online. You can click on the following hyperlink <https://resiliencyvillage.org/> to visit their website and sign up for more information.

Loretta Pagni reminded everyone that NAMI has scheduled a dinner at the Red Church at this month’s meeting where they will be serving soup. Also, a new Healthy Eating group started today at the Enrichment Center where attendees made stir fry.

Cynthia Halman relayed that she recently participated in a teleconference event hosted by CALBHB/C: Striving for Zero, California’s Plan for Reducing Suicide - Prevention Plan 2020-2025 and Together We Can Reduce Justice Involvement for Those with Mental Illness. Summaries were provided and Cynthia offered to share those with the group electronically. She will provide the information to Pandora to forward to the Board.

VIII. BUSINESS

2019 Data Notebook (Continued from the November 6, 2019 Meeting):

The group focused and collaborated on those questions specific to Advisory Board member’s opinions. Answers to those questions were established by the group and will be integrated into the final version of the Data Notebook for submission.

Valerie Shuemaker made a motion to submit the signed, finalized version of the Data Notebook as completed. The motion was seconded by Mary Anne Schmidt. The motion passed unanimously by all Board members present. (Ayes: 8 – Anaiah Kirk, Chris Daly, Valerie Shuemaker, Cynthia Halman, Scott Garrison, Loretta Pagni, Mary Anne Schmidt and Jenn Salazar. Nays: 0)

The group requested that Michael arrange a basic 1-2-hour training/in-service focused on trauma informed practices that would be available to Advisory Board members.

Best Practices in Care Transitions:

Cynthia Halman described the intent of Best Practices in Care. Psychiatric hospitals should coordinate aftercare services for those discharged from their facilities, by engaging schools, primary care physicians, outpatient psychiatric services, etc. which would ensure a more successful outcome for those individuals, as well as improve client care. The group discussed the implementation of the Health Information Exchange (HIE) network which could allow healthcare partners providing services to those needing it to gain information through Cerner when necessary.

IX. DIRECTOR’S REPORT – Michael Wilson, LMFT - BH Director

Michael shared information regarding a recent offering of 5150 training at Behavioral Health which was opened to all who touch on this process. It was very well attended.

Behavioral Health is currently partnering with the County Administrator’s Office, Public Defenders Office, Probation and Law Enforcement, etc., to implement mental health diversion for those with appropriate diagnosis and treatment plans in place.

Our Strategic Prevention Plan for the Substance Use Disorder services has been approved by DHCS. ATCAA (Amador Tuolumne Community Action Agency) has been very involved with moving this plan forward.

Drug Medi-Cal is moving forward. We currently have a Clinician in place board to assist with assessments related to that. Dr. Peters has been informed and is on board with current plans.

A new Clinical Administration Team has been created which reviews treatment plans, plans of care and progress notes to improve mental health services and decrease disallowances.

“Give Someone a Chance” (GSAC) has increased the frequency of shower bus visits to the David Lambert Drop-In Center. They will be providing services there weekly moving forward.

X. ADJOURNMENT

The February 5, 2020, Tuolumne County Behavioral Health Advisory Board meeting was adjourned by Chris Daly @ 5:23 pm. The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for March 4, 2020, at 4:00 pm at Adventist Health Sonora Hospital, Conference Room #4 – near the cafeteria, 1000 Greenley Road, Sonora, CA 95370.