



**Tuolumne County Behavioral Health Advisory Board
(Minutes of the meeting of May 4, 2022)**

FINAL

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	✓	✓	✓	✓	✓							
Anaiah Kirk – BOS Alt	E	E	E	E	E							
Cynthia Halman	✓	✓	E	✓	✓							
Mary Anne Schmidt	✓	✓	✓	✓	✓							
Valerie Shuemaker	E	✓	E	E	A							
Constance Bone	A	A	✓	A	A							
Elizabeth Marum	✓	✓	✓	✓	E							
Emily Valentine	E	✓	✓	✓	E							
Heather Farris	✓	✓	E	✓	✓							
Jenn Salazar	✓	✓	✓	✓	✓							
Jennifer Pastorini	✓	✓	✓	E	E							
Marjorie Langdon	A	✓	✓	E	✓							
Maureen Woods	✓	✓	✓	✓	✓							
Penny Ablin	✓	✓	✓	✓	E							
Sherry Bradley	✓	✓	✓	✓	✓							
Susie DeMassey	✓	E	✓	E	✓							

Present = ✓ Absent = A Excused = E

15 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Tracie Riggs, Tuolumne County Administrator
Rebecca Espino, Director – Health & Human Services Agency
Tami Mariscal, Director – Behavioral Health
Lindsey Lujan, Agency Manager – Behavioral Health
Jenn Guhl, MHSA Agency Manager – Behavioral Health
Pandora Armbruster, Administrative Assistant – Behavioral Health
<u>Others in Attendance</u>
Cathy Parker, Tuolumne County Superintendent of Schools

I. CALL TO ORDER

- Advisory Board Chair, Cynthia Halman, announced to attendees that the meeting was being recorded for the purpose of assuring accurate meeting minutes.

The meeting was called to order at 4:10 pm. Nine of the fifteen members were present and accounted for at the time of roll call to complete a quorum for the Board. Those present were Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Heather Farris, Jenn Salazar, Marjorie Langdon, Maureen Woods, Sherry Bradley and Susie

DeMassey. Valerie Shuemaker, Constance Bone, Elizabeth Marum, Emily Valentine, Jennifer Pastorini, and Penny Ablin were not in attendance.

- The April 6, 2022 Findings Resolution for AB 361 indicating that the Behavioral Health Advisory Board would be meeting virtually only for the May 4, 2022, meeting was incorporated into the meeting record (attached).
- A motion was made by Jaron Brandon and seconded by Maureen Woods to make the June 1, 2022 Behavioral Health Advisory Board meeting available for virtual attendance per AB 361 and through #2 of the associated Findings. The motion passed. (Ayes: 9 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Heather Farris, Jenn Salazar, Marjorie Langdon, Maureen Woods, Sherry Bradley, and Susie DeMassey. Nays: 0 Abstentions: 0 Members Absent: 6 – Valerie Shuemaker, Constance Bone, Elizabeth Marum, Emily Valentine, Jennifer Pastorini, and Penny Ablin)

As a result of this determination, the June 1, 2022 Behavioral Health Advisory Board meeting will be available through virtual attendance only per the County Administrator’s recommendation to only allow in-person or virtual meetings and not through a combination of both.

II. INTRODUCTIONS

Introductions were made by all Behavioral Health Advisory Board members present. Introductions were made by Tuolumne County staff as follows: Tracie Riggs, Tuolumne County Administrator, Rebecca Espino - Director Health and Human Services Agency, Tami Mariscal - Behavioral Health Director, Lindsey Lujan - Agency Manager, Jenn Guhl – MHSA Agency Manager, and Pandora Armbruster – QI Administrative Assistant. Cathy Parker, Tuolumne County Superintendent of Schools was also present.

III. AGENDA REVIEW PERIOD

No changes to the agenda were identified.

IV. GUEST SPEAKER: Cathy Parker, Tuolumne County Superintendent of Schools

Cathy Parker, TCSOS, shared information on new developments related to mental health services within Tuolumne County Schools. Ms. Parker relayed that she has shared a large PowerPoint which details many of the things that County Schools are currently working on with Pandora for distribution to the Advisory Board. Due to the size of the presentation, she explained that she would just be highlighting certain slides and would not be going through it in its entirety.

Cathy relayed that her idea behind mental health support for students in Tuolumne County came from a time when she was working with UC Davis and the graduate biology team in a very interesting partnership with the Chicana Studies department. They were running a grant called ARISE (Addiction Research and Investigation in Science). Their goal was to bring under-represented students into the UC system through the neuroscience pathway, directly to a four-year college which resulted in much better completion rates. Together they were doing a lot of work around addiction research and neurobiology and this is what intrigued Ms. Parker about Total Brain Health.

Cathy believes that mental health is health and should not be stigmatized. Addressing the health of our brains should be just as important as the health of our bodies. She provided statistics on Tuolumne County schools and shared her focus on improving these statistics in our rural community.

Cathy provided details of the Learning Communities for School Success Program (LCSSP) which is now in its second cycle. Goals of this program are: 1) Countywide professional

learning around trauma informed practices and Positive Behavior Interventions and Support (PBIS). 2) Develop protocols and procedures to ensure timely and appropriate transition services for students to reduce truancy/chronic absenteeism rates; suspension/expulsion rates; and increase high school completion rates.

She shared highlights of the last in person Children’s Friendship Conference for third graders (which she is hoping will return this year), and The Drug Store Project for 8th graders which focuses on drug use prevention.

TCSOS has now developed a LCSSP Referral process allowing staff to be proactive in getting services to those students in need. Collaboration groups continue with the School Counselor Network, Social Emotional Learning (SEL) group, and the Mental Health Coalition. School Attendance Review Team (SART) Meetings have been implemented which allows for early interventions for students who have attendance and/or behavior problems lessening law enforcement involvement. School Administrators now participate in Home and School visits, which has opened eyes to real issues students are facing.

Details of the Tuolumne County Schools Mental Health Student Services Act of 2019 Grant were reviewed. Cathy also shared information on the Student Behavioral Health Incentive Program (SBHIP) which identifies eligible low-income students using several criteria for specific targeted interventions programs.

Superintendent Parker will share the entire TCSOS PowerPoint presentation which will also be attached to these minutes for anyone who wishes to review it on their own time.

Cynthia Halman thanked Ms. Parker for her very informative presentation.

V. CORRESPONDENCE

Penny Ablin and Jennifer Pastorini, two Behavioral Health Advisory Board (BHAB) members, sent resignation emails to Cynthia Halman, BHAB Chair. These items will be added to the June 1, 2022 Meeting Agenda.

VI. APPROVAL OF MINUTES

Maureen Woods moved to approve the April 6, 2022 Meeting Minutes with noted corrections. Marjorie Langdon seconded. Motion passed. (Ayes: 9 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Heather Farris, Jenn Salazar, Marjorie Langdon, Maureen Woods, Sherry Bradley, and Susie DeMassey. Nays: 0 Abstentions: 0 Members Absent: 6 – Valerie Shuemaker, Constance Bone, Elizabeth Marum, Emily Valentine, Jennifer Pastorini, and Penny Ablin)

VII. SUPERVISOR’S REPORT – Board of Supervisors Representative – Jaron Brandon, District

Supervisor Jaron Brandon shared that the Board of Supervisors (BOS) are waiting on their Priority List which is now in the fourth-tier stage. The priority areas, outcomes, goals, and workplan are all part of this process. The Board of Supervisors Strategic Plan is created based on these identified items. This two-year plan determines how resources will be prioritized to achieve them. BOS continues work on their Legislative Agenda and more information will be shared on that in a future report. There was a recent discussion of the \$6M in one-time American Recovery Plan money of which the county still has about \$3M left. Decisions on how to utilize that is still under discussion.

Jaron informed the group that Sonora Pride is to be held in June of this year and he hopes to sponsor a resolution recognizing that at the Board of Supervisors.

VIII. DIRECTOR'S REPORT – Tami Mariscal, BH Director

Tami Mariscal, Behavioral Health Director, thanked Supervisor Brandon for mentioning the Sonora Pride event. Behavioral Health will be participating in this important event, as it did last year.

Tami informed the group that after receiving feedback, she has reworked her Director's Report to make it more informative to the Advisory Board on initiatives that the department is currently working on. She explained that this will enable the department to work with the Advisory Board as a team to understand better what the Board envisions or recommends when it comes to Behavioral Health initiatives.

The Tuolumne County Behavioral Health department came under the County umbrella in July 2008. Seeing as the department came to be at the beginning of a fiscal year, there are often many contractual obligations and business and operations projects which come due at the last quarter of any fiscal year. Much of what will be shared in her report concerns efforts that the department must make to assure compliance with the delivery obligations, oversight, and accountability of specialty mental health services.

Much of what is required of the department is dictated through the contractual obligations of the Mental Health Plan to the CA State Department of Healthcare Services. Tuolumne County Behavioral Health has two roles. It is a Managed Health Plan which is responsible for the delivery of Specialty Mental Health services to the county's severely mentally ill, as well as a county owned and operated behavioral health clinic where we provide direct services. A copy of the department's contract should be found in Advisory Board member's Orientation Binders which can provide more detailed information. If you do not have a current copy, we can make that available to you.

Currently, the department is in the process of reapplying for the Substance Abuse Mental Health Services Act (SAMHSA) Grant. This grant brings us funding opportunities to provide specialty mental health services that the State would consider a lock out. Those funds can be used to provide services in the Jail and the Juvenile Detention Facility (JDF), as well as Dual Diagnosis Services for those that are currently open and already receiving mental health services in our Outpatient Services Program. This application is due June 30, 2022 and has some very defined parameters for use. We do not plan to change the composition of what this grant currently provides as it closes a gap in our funding structure and allows us to reach clients that we would normally be unable to serve.

May was proclaimed Mental Health Awareness month. It is our hope that everyone realizes mental health is important for more than just the 31 days in May. The Behavioral Health team, through their outreach and engagement efforts, and yours, work diligently to raise awareness of the importance of mental health throughout Tuolumne County.

By contractual obligation, and a corrective action plan (CAP) received from the DHCS, we are currently re-engaging with the two health plans that exist in Tuolumne County. For those that may not know, TCBH currently serves the Severely Mentally Ill (SMI) in Tuolumne County. The two other health plans which provide services to those with mild to moderate mental health needs are CA Health and Wellness (CAHAN) and Anthem Blue Cross. A requirement of our DHCS contract is that we must have a memorandum of understanding (MOU) with each of these managed health plans around coordination of benefits, treatment, and continuity of care. We currently have MOUs in place but there are some very detailed relational roles required of DHCS which must be applied to those by June 30, 2022. We are on track to meet the deadline for that.

Our Mental Health Services Act Prevention and Early Intervention contracts are due for renewal by June 30, 2022. The BH team is working on completing these contracts with our local partners by the end of the Fiscal Year.

We are re-engaging with our Drug Medi-Cal application. This was started under the previous Directorship, but due to his departure, we have had to start over. We have many Substance Use clients who could benefit from Drug Medi-Cal. This would also assist Cathy Parker, Superintendent of Schools, supporting her efforts in substance use prevention and treatment opportunities for youth.

TCBH is building up the Substance Use Disorder Program. The Perinatal Services program has launched. Perinatal Services provides specialized alcohol and drug treatment for pregnant and/or parenting women, with priority given to pregnant women who are intravenous substance users. We currently have a Recovery Counselor who is actively in the process of promoting that throughout the community.

The Adolescent Youth Treatment (AYT) Program is also being re-vamped. It is a 5-6 week pretreatment and educational course for youth that is provided through referral from the Probation Department. This is funded through Substance Abuse Block Grant (SABG).

Part of the TCBH contract requires county departments to implement or opt out of a program called Laura's Law. It is an assisted outpatient treatment program which is implemented judicially to force a severely mentally ill person to comply with court-ordered assisted outpatient treatment.

Due to the loss of a quorum, the Behavioral Health Advisory Board meeting was adjourned at 5:03 pm. No further business was conducted, or agenda items were reviewed.

All remaining agenda items below will be brought forward to the June 1, 2022 Behavioral Health Advisory Board meeting.

IX. BOARD MEMBER COMMENTS/ANNOUNCEMENTS: Members of the Advisory Board may share announcements and/or comment on matters not on the agenda. Advisory Board Members' comments/announcements will be limited to **three minutes**.

X. PUBLIC COMMENT: Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **five minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No public comments were received.

XI. BUSINESS

Continued Items:

1. "Bylaws Review" Ad-hoc Committee (20 minutes) – Mary Anne Schmidt
 - Review, Discussion & Possible Action to Approve County Counsel Edits and move draft Bylaws forward to the Board of Supervisors for acceptance.

2. 988 Messaging Framework Webinar Report: Discussion and Review (10 minutes)
- Sherry Bradley & Cynthia Halman

New Business:

3. Create Ad-Hoc Nomination Committee for Election of Behavioral Health Advisory Board Officers (5 minutes)
4. Tuolumne County Behavioral Health Department's Outreach Efforts (20 minutes)
– PowerPoint Presentation by Jenn Guhl, MHSA Agency Manager
5. Discussion of Submission of BH Director's Report in written form (5 minutes)
6. Recommendation to the Board of Supervisors for the Re-Appointment of Cynthia Halman (Term Exp. 2/28/22), Elizabeth Marum (Term Exp. 4/30/22) and Penny Ablin (Term Exp. 3/31/22) to the Behavioral Health Advisory Board (5 minutes)

Items for Future Meetings:

7. Social Get-Together Discussion – Cynthia Halman
 - Proposed Date, Place and Associated Costs – Cynthia Halman

XI. ADJOURNMENT

See important notes under Section VIII. Director's Report. The May 4, 2022, Behavioral Health Advisory Board meeting was adjourned by Cynthia Halman at 5:03 pm due to the loss of a quorum.

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for June 1, 2022, at 4:00 pm via videoconference through Zoom and teleconference only. Meeting information will be posted on the June 2022 Agenda.