



**Tuolumne County Behavioral Health Advisory Board
(Minutes of the meeting of May 5, 2021)**

FINAL

<u>2021 MHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	C	✓	✓	✓	✓							
Anaiah Kirk – BOS Alt	A	E	E	E	E							
Cynthia Halman	N	✓	✓	✓	✓							
Mary Anne Schmidt	C	✓	✓	✓	✓							
Valerie Shuemake	E	E	✓	E	✓							
Chris Daly	L	✓	E	✓	✓							
Emily Valentine	L			✓	✓							
Jenn Salazar	E	✓	✓	✓	✓							
Jennifer Pastorini	D			✓	✓							
M. Elizabeth Marum					✓							
Maureen Woods					✓							
Penny Ablin				✓	✓							
Rebekah Crotty					E							
Sherry Bradley			✓	✓	✓							
Susie DeMassey					✓							

Present = ✓ Absent = A Excused = E

14 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Michael Wilson, Director – BH
Tami Mariscal, Deputy Director - BH
Steve Boyack, Deputy Director - HHSA
Lindsey Lujan, Agency Manager – BH
Pandora Armbruster, Administrative Assistant - BH
Kellae Brown, Homeless Advocate & Outreach Coordinator
<u>Others in Attendance</u>
Rigoberto Lomas Velazco, Program Manager – Catholic Charities

I. CALL TO ORDER

Advisory Board Chair, Cynthia Halman, called the meeting to order at 4:00 pm. Twelve of the fourteen members were present and accounted for through roll call to complete a quorum for the Board. Present at that time were Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Valerie Shuemake, Chris Daly, Emily Valentine, Jenn Salazar, Jennifer Pastorini, Elizabeth Marum, Maureen Woods, Penny Ablin, and Susie DeMassey. Per communication with the Chairperson, Sherry Bradley may arrive late.

II. INTRODUCTIONS

Rigoberto Lomas Velazco, Program Manager-Family Wellness Department at Catholic Charities and Steve Boyack, Assistant Health and Human Services Director introduced themselves to those present.

III. AGENDA REVIEW

The group reviewed agenda items ensuring they were prioritized correctly enabling them to act on anything pressing first before reports and presentations are given. It was noted that the Business section on future agendas will reflect action items before reports and presentations.

IV. CORRESPONDENCE

None to report.

V. APPROVAL OF MINUTES: April 7, 2021 Meeting Minutes

Cynthia Halman pointed out that a correction was needed on Page 3 of the April 7, 2021 Advisory Board Minutes to clarify that the Lantern of Light Suicide Alertness Training is to be delivered in-person vs. virtual. A motion was made by Mary Anne Schmidt and seconded by Chris Daly to approve the minutes for April 7, 2021, including that noted correction. The motion passed. (Ayes: 10 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Valerie Shuemake, Chris Daly, Emily Valentine, Jenn Salazar, Jennifer Pastorini, Penny Ablin and Susie DeMassey Abstentions: 2 – M. Elizabeth Marum and Maureen Woods Nays: 0 Absent: Rebekah Crotty and Sherry Bradley)

VI. SUPERVISOR'S REPORT: Board of Supervisors Representative – Jaron Brandon

Supervisor Brandon relayed information regarding Tuesday's Board of Supervisors meeting. That meeting was about 10 hours long and covered a lot ground. Jaron shared highlights of the upcoming budget sessions and budget planning with the Advisory Board. The Board of Supervisors will be undergoing some study sessions related to the budget process, as well as receiving reports from Department Heads to refresh the board on specific line items. For anyone interested in learning more, Supervisor Brandon advised the group that the Board of Supervisors are now trying to move everything to Open Gov. This platform allows the Board to present a detailed demonstration of where taxpayer dollars go. In the future, more information regarding the county budget and other topics can be found there. If interested, please request a link to this site from Jaron.

There is an ongoing discussion surrounding the county's website. Supervisor Brandon met with Roger Root, IT Director, and District 1 Supervisor, David Goldemberg, inquiring into the possibility of digital applications accessible online for those interested in serving on the county's committees and commissions. This will ease the existing burden of printing and filing applications the old-fashioned way.

Jaron shared his pleasure with the increased interest in this advisory board and held this committee up as an example for other county boards and commissions. He feels the orientation binder, bylaws, structure, and trainings available to members is an important part of what makes this body so effective. Other committees and commissions will be using this body's efforts as a model when revitalizing existing or creating new groups.

Jaron also imparted information regarding the county's housing concerns and issues. At yesterday's meeting, the Board of Supervisors declared a county emergency housing crisis and enacted an Emergency Shelter Ordinance. If the county owns or leases property, this ordinance allows an exemption from certain building code requirements that simply add cost to a project. The impetus to this is the previously proposed Peaceful Valley site for Resiliency Village. Regulations regarding the use of this site would have added a tremendous cost and burden that effectively made it cost prohibitive. This new ordinance will allow more diverse housing options to be considered as a resolution to homelessness concerns, such as pallet homes, yurts, small structures, and emergency cabins, etc.

During the Board of Supervisors lightning round, Supervisors went through several earmarked requests to Senator Feinstein's office for a variety of projects. The top three were for transportation and a transit hub in Jamestown, new firefighting equipment, and a huge proposal for internet – a five county collaboration as a part of Cole Business Innovation. The Board is also looking at the Law and Justice Center campus, potentially the Admin building, to bring all county justice partners together in one place at a cost of about 80 to 100 million. This could potentially impact services, so the board is very carefully reviewing the need to assure they move forward wisely without incurring too much debt.

VII. BOARD MEMBER COMMENTS/ANNOUNCEMENTS: Members of the Advisory Board may give reports and comment on matters not on the agenda.

- Cynthia Halman apologized to Advisory Board members regarding this portion of the agenda last month. A misunderstanding occurred and moving forward all members can share updates, announcements and reports that do not require Board action and are not already on the agenda at this time. A five-minute time limit will be imposed to assure all members have an opportunity to share if needed.
- Mary Anne Schmidt relayed that Rebekah Crotty emailed her to notify the Board that she would no longer be able to participate as she is moving out of state. Mary Anne requested that she email her resignation to Pandora for appropriate filing.

Steve Boyack adds that the Board of Supervisors must take action to remove a member from the Advisory Board so this can be included in a staff report when the next new member or reappointment of an existing member occurs. Cynthia requests that this be added to next month's agenda.

- Cynthia reminded everyone of tomorrow's Community Forum for Mental Health hosted by Jaron Brandon via Zoom at 5:30 pm.

A Mental Health First Aid online training is scheduled for May 18th, 8:30 am to 3:00 pm. Please contact Nina at Tuolumne County Superintendent of Schools for reservations.

Mind Out Loud is also happening tomorrow, May 6, 2021. This is a free online event for students focusing on mental health discussions and inspiring students to live their authentic lives.

Motherlode Views recently featured Michael Wilson, Behavioral Health Director. Please visit mymotherlode.com to listen to the recording.

Lantern of Light is hosting a free 2-day ASIST Training (Applied Suicide Intervention Skills Training) on June 10-11, 2021 from 8:30 am to 4:30 pm at the Word of Life Fellowship building in Mi Wuk. This training is open to everyone.

Contact info and links for all these important events will be shared with members via email.

VIII. PUBLIC COMMENT (5 MINUTES PER PERSON): Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to five minutes. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No comments were received.

IX. BUSINESS

1. (Cont. from last meeting) Discuss member rosters, categories, number of members and term limits. – Mary Anne Schmidt

Mary Anne shared a breakdown of all members and their assigned term ending dates. Term ending dates must be staggered to allow one third of the membership to renew each year. She suggests that all member term ending dates be changed to end on June 30th of each year. The group discussed various ways to amend these dates.

The group also discussed member categories to assure compliance with bylaws and civil code restrictions.

It was decided that an Ad-Hoc Committee will be created to work on this issue and bring it back at next month's meeting. Cynthia Halman, Mary Anne Schmidt, Jaron Brandon, and Chris Daly are appointed to this committee.

A motion was made by Jaron Brandon and seconded by Emily Valentine to table Item 1 for review by the Bylaws Review Ad-Hoc Committee. (Ayes: 12 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Valerie Shuemade, Chris Daly, Emily Valentine, Jenn Salazar, Jennifer Pastorini, M. Elizabeth Marum, Maureen Woods, Penny Ablin and Susie DeMassey Nays: 0 Absent: Rebekah Crotty and Sherry Bradley)

2. (Cont. from last meeting) Discuss creation of an Executive Board/Committee and its duties. – Mary Anne Schmidt

Mary Anne explained the need for the establishment of an Executive Committee to board members. According to bylaws, this committee is established to orient new members and to set agenda items for future meetings. The group discussed the formation of this group and potential Brown Act implications.

A motion was made by Mary Anne Schmidt and seconded by Jaron Brandon to table Item 2 for review by the established Bylaws Review Ad-Hoc Committee. (Ayes: 12 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Valerie Shuemade, Chris Daly, Emily Valentine, Jenn Salazar, Jennifer Pastorini, M. Elizabeth Marum, Maureen Woods, Penny Ablin and Susie DeMassey Nays: 0 Absent: Rebekah Crotty and Sherry Bradley)

3. (Cont. from last meeting) Discuss the duties of the Secretary - Mary Anne Schmidt

Mary Anne shared her understanding that Valerie Shuemade is the named Secretary of the Advisory Board and Pandora is the Behavioral Health staff member providing support to Advisory Board. This item is resolved as clarified.

4. (Cont. from last meeting) Discuss meeting parameters: Length, time, opening of Zoom before meeting time, etc. – Mary Anne Schmidt

Mary Anne shared her thoughts on the two-hour time frame for Advisory Board meetings and opening the Zoom platform at least 15 minutes prior to the start of the meeting. The group discussed this and noted that the two-hour meeting time is appropriate and opening the meeting platform early is permissible if Advisory Board business is not discussed, and staff are available to do so.

5. (Cont. from last meeting) Establish an Ad-Hoc Committee to create an Orientation Plan and mentor assignments for new board members. – Mary Anne Schmidt

Mary Anne explained her concerns with the implementation of orientation and mentoring plans for incoming Advisory Board members. The orientation binder and resources supplied by Behavioral Health is quite informative and helpful to Board members. She feels that a plan needs to be established so that they can learn their new roles and become effective members of the board.

An Orientation and Mentoring Ad-hoc Committee of Mary Anne Schmidt, Cynthia Halman, Jenn Salazar, and Valerie Shuemake, was established to create an orientation plan for new members.

6. (Cont. from last meeting) Discuss and possible action to establish a calendar for the TCBH Advisory Board. - Mary Anne Schmidt

Mary Anne shared a calendar that she created to assist members in understanding when upcoming events, trainings and meetings are happening. She has also prepared a one-two and three- year calendar to assist with Advisory Board obligations and tasks. She solicited members feedback regarding their interest in these types of calendars.

The group expressed their interest and spoke about website content and the potential of placing items like these on a local Behavioral Health page, or social media platform.

A Social Media and Calendar Ad-hoc Committee of Mary Anne Schmidt and Jennifer Pastorini was established to discuss and suggest different options to the Board at a future meeting.

7. (Cont. from last meeting) Review of Government Code Section 54954.2, subsections as they pertain to Internet Website Posting of Agendas. – Sherry Bradley

This item was tabled until the June Meeting as Sherry Bradley is not present.

8. Reappointment of Mary Anne Schmidt to the TCBH Advisory Board

A motion was made by Supervisor Brandon and seconded by Emily Valentine to refer Mary Anne Schmidt's application to the Board of Supervisors for recommendation of reappointment to the Behavioral Health Advisory Board. (Ayes: 11 – Jaron Brandon, Cynthia Halman, Mary Anne Schmidt, Chris Daly, Emily Valentine, Jenn Salazar, Jennifer Pastorini, M. Elizabeth Marum, Maureen Woods, Penny Ablin and Susie DeMassey Nays: 0 Absent: Rebekah Crotty, Valerie Shuemake and Sherry Bradley)

9. Report from Ad-Hoc Committee regarding TCBH Innovation Plan suggestions. – Mary Anne Schmidt

Mary Anne informed the Board that she, Emily Valentine, Sherry Bradley, Jenn Salazar, Supervisor Brandon, and Michael Wilson - Behavioral Health Director met on three separate occasions to discuss Advisory Board input on the Innovations Plan. Suggestions for the grant title and different ways to utilize the Enrichment Center were given to Michael Wilson. The Innovations Ad-Hoc group discussed utilizing youth centers in locations that are close to schools and suggested the use of an info graph to better understand the flow of services to students. Emily provided research on kiosks and Jenn submitted her insightful suggestions to Michael. Sherry Bradley took notes of all meetings and created a summary for Michael to use in editing the grant.

10. Discuss media plan for announcing BH meetings and events. – Mary Anne Schmidt

Mary Anne would like to see improvement in Advisory Board tasks and goals by encouraging the public to participate and provide feedback at meetings. She shared her wish that meetings and events are announced via social media, website postings and a new Community page provided by the Union Democrat that is published on Wednesdays. Radio spots already in use by Behavioral Health could also be used to spotlight monthly Advisory Board meetings. The group discussed several avenues to promote meetings and a consensus was reached to create an Ad-Hoc Committee focused on a media plan. Jennifer Pastorini, Mary Anne Schmidt, and Susie DeMassey were all named to this new group.

11. Discuss a change in bylaws for date of submission of agenda items – Mary Anne Schmidt

Mary Anne Schmidt discussed the deadlines imposed for submission of items to the Behavioral Health Advisory Board Meeting Agendas. She relayed her concerns that agenda items may arise after the deadline of submission which could mean important current items may not be submitted timely. After discussion with County staff and Brown Act concerns, it was decided that these deadlines were necessary to assure compliance.

12. Discussion regarding Annual Report to the Board of Supervisors – Cynthia Halman

An Ad-Hoc Committee work group of Chris Daly, Sherry Bradley and Cynthia Halman was established to discuss and create the Board of Supervisors Annual Report. This Committee will bring their suggestions back to members at a future Behavioral Health Advisory Board meeting.

13. Report from CALBHB/C Statewide Teleconference Meetings (Duties, MHSA, Definition and Role of Board/Commission, Meetings–Brown Act Requirements, Motions and Conduct) – Sherry Bradley

Sherry shared her experience during the recent CALBHB/C Statewide teleconference held on April 23, 2021. She enjoyed the presentation given by Sally Zinman and Andrea Wagoner on the SB803 Certification Program Act of Peer Support Specialists. This will allow counties to bill for services provided by peer specialists. The county itself must construct a plan for utilizing services provided by peers. Sherry expressed interest in receiving a future report from Michael

Wilson regarding our county's plans about SB803, the Peer Support Certification Program.

14. Report from CBHPC Planning Council's Performance Outcome Data & Fiscal Information Planning – Sherry Bradley

No report provided.

15. Report from CALBHB/C Training on Unconscious Bias and Community Program Planning. – Sherry Bradley

Sherry relayed information to the group about recent Unconscious Bias Training and Community Program Planning (CPP) attended through the CALBHB/C. Sherry explained that the purpose of CPP through MHSA is to expand and improve public mental health services. Presenters relayed that California Public Health funding was insufficient to meet the demand of half the population in need and spoke of disparities, such as cultural, racial, and ethnic populations that have been disproportionately affected. As a result of this, Sherry feels that during our CPP process it will be important to us to try and engage as many individuals who are unserved or underserved in our county. It was recommended that we keep unconscious bias in mind when working on the CPP.

Sherry urges all members to take advantage of the Unconscious Bias training when offered as it is very important. The Community Cultural Collaborative meeting presented by Michelle Carlson of Behavioral Health is also a great opportunity to learn more and helpful as members of the Advisory Board. Mary Anne shared that the next meeting is scheduled for May 13th at 10:00 am.

The group discussed requesting a presentation from Behavioral Health surrounding this topic. Michael requested that the Board let him, Tami Mariscal, or Brock Kolby, Deputy Directors for Behavioral Health know, so that a presenter can be identified.

X. DIRECTOR'S REPORT – Michael Wilson, LMFT - BH Director

Director Wilson shared his appreciation of the Advisory Board and their renewed interest in this Advisory Board and mental health issues and concerns within Tuolumne County. The department is moving forward with their plans surrounding the Children's System of Care (CSOC) across the Health and Human Services Agency. A recently crafted Memorandum of Understanding (MOU) was just reviewed. This agreement dictates how we work together surrounding children's issues within our county, with the creation of an interagency leadership team, collaborations between the placement committee and child-family teams. This important system of care is exciting to see come to light as we have been working towards this goal for quite some time.

The Family Urgent Response System (FURS) is also now in place so that those in need can call and talk to a skilled clinician at the State level. If further needs are identified, a referral can be made to the local level, and if necessary, we would then launch to child-foster family services and interventions to be provided in the home.

The Advisory Board group discussed Facebook at this meeting and of note, Behavioral Health has recently compacted their social media presence. In the past, they had three Facebook pages, the main Behavioral Health page, one for the Enrichment Center and the last for the David Lambert Drop-In Center. These pages have now been combined into one main Behavioral Health page. This allows for a more unified, less redundant presence. It will permit those seeking information to focus on one site. All information shared

publicly regarding Tuolumne County Behavioral Health must be approved through Michael or his designee prior to posting.

There is new movement surrounding the creation of a nationwide 988 number, much like 911, that assists those seeking mental health crises services. For more details, please google AB-988 for details. This is not yet in place but should be in the future. Cynthia shared that the FCC is currently working on this, but still requires those in need to dial the area code first.

Cognitive Behavioral Therapy (CBT) training will be happening soon. We have about 16 hours of training scheduled for staff. Michael informed the board that he has reached out to CA Institute of Behavioral Health Solutions (CIBHS) to request catered Strength-based Case Management Supervision training for this county. This will assist moving us in the correct direction. We currently do not furnish a lot of case management services, but we would like to build that up as a part of what we provide.

Michael relayed his recent participation in the Mother Lode Views radio program and invites all to listen. The Mental Health Community forum is scheduled for tomorrow and hopes that all in attendance will log in to participate. He will send out more details via email to this group prior to the event.

The group requested that the event be recorded so that those unable to participate can watch later.

The department is looking at transitioning to a new electronic health record system. This move is necessary as the current system does not support the changes that are occurring at the state level, regarding the Final Rule. It is exciting to have something more flexible and modern.

If any Behavioral Health Advisory Board member would like to meet with Michael one on one via Zoom or in-person, please reach out to Pandora for assistance in scheduling time.

And finally, in response to Sherry Bradley's earlier inquiry about plans regarding the SB803 Peer Support Certification Act, Behavioral Health is awaiting guidance from the state as to what services the peer specialists can provide.

XI. ADJOURNMENT

The meeting was adjourned by Cynthia Halman at 5:59 PM. The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for June 2, 2021, at 4:00 pm via Zoom, teleconference and in person following any public health restrictions. Meeting information will be posted on the June 2021 Agenda.