



Tuolumne County Behavioral Health Advisory Board
(Minutes of the meeting of August 3, 2022)
FINAL

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	✓	✓	✓	✓	✓	✓	✓	✓				
Anaiah Kirk – BOS Alt	E	E	E	E	E	E	E	E				
Mary Anne Schmidt, Chairperson	✓	✓	✓	✓	✓	✓	✓	✓				
Sherry Bradley, Vice-Chairperson	✓	✓	✓	✓	✓	✓	✓	✓				
Heather Farris, Secretary	✓	✓	E	✓	✓	✓	✓	✓				
Cynthia Halman	✓	✓	E	✓	✓	✓	E	✓				
Elizabeth Marum	✓	✓	✓	✓	E	✓	✓	✓				
Emily Valentine	E	✓	✓	✓	E	✓	E	✓				
Jenn Salazar	✓	✓	✓	✓	✓	✓	✓	✓				
Marjorie Langdon	A	✓	✓	E	✓	✓	E	✓				
Maureen Woods	✓	✓	✓	✓	✓	✓	✓	✓				
Susie DeMassey	✓	E	✓	E	✓	E	✓	E				
Valerie Shuemake	E	✓	E	E	A	✓	✓	E				

Present = ✓ Absent = A Excused = E

12 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Rebecca Espino, Director – Health & Human Services Agency
Tami Mariscal, Director – Behavioral Health Department
Lindsey Lujan, Agency Manager – Behavioral Health
Jenn Guhl, MHSA Agency Manager – Behavioral Health
Pandora Armbruster, Administrative Assistant – Behavioral Health
<u>Others in Attendance</u>
Terri Alford, Tuolumne County Superintendent of Schools

I. CALL TO ORDER

- Advisory Board Chairperson, Mary Anne Schmidt, announced to attendees that the meeting was being recorded.

The meeting was called to order at 4:04 pm. Nine of the twelve members were present and accounted for at the time of roll call to complete a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as roll call was taken. Those present were Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Elizabeth Marum, Jenn Salazar, Marjorie Langdon, and Maureen Woods. Emily Valentine, Susie DeMassey, and Valerie Shuemake were not in attendance at the time of roll call.

- The July 6, 2022, Findings Resolution for AB 361 indicating that the Behavioral Health Advisory Board would be meeting virtually only for the August 3, 2022, meeting was incorporated into the meeting record.
- A motion was made and seconded to make the September 7, 2022, Behavioral Health Advisory Board meeting available for virtual attendance per AB 361 and through #2 of the associated Findings. The motion passed. (Ayes: 9 – Jaron Brandon, Mary Anne Schmidt, Heather Farris, Cynthia Halman, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Sherry Bradley. Nays: 0 Abstentions: 0 Members Absent: 3 – Emily Valentine, Susie DeMassey, and Valerie Shuemake)

As a result of this determination, the September 7, 2022, Behavioral Health Advisory Board meeting will be available through virtual attendance only, per the County Administrator’s recommendation to allow in-person or virtual meetings, and not through a combination of both.

II. INTRODUCTIONS

Introductions were made by Tuolumne County staff in attendance, as follows: Rebecca Espino – Director, Health and Human Services Agency, Tami Mariscal – Director, Behavioral Health Department, Lindsey Lujan - Agency Manager, Jenn Guhl – MHSA Agency Manager, and Pandora Armbruster – Administrative Assistant. Terri Alford, Program Manager - Tuolumne County Superintendent of Schools was also present.

III. AGENDA REVIEW PERIOD

There were no suggested changes to the order of agenda items.

IV. CORRESPONDENCE

No correspondence was reported.

V. APPROVAL OF MINUTES

Jaron Brandon moved to approve the July 6th, 2022 Behavioral Health Advisory Board Meeting Minutes as presented. Elizabeth Marum seconded. Motion passed.

(Ayes: 7 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Jenn Salazar, Elizabeth Marum, Maureen Woods, and Sherry Bradley. Nays: 0 Abstentions: 2 - Cynthia Halman, and Marjorie Langdon Members Absent: 3 – Emily Valentine, Susie DeMassey, and Valerie Shuemake.)

VI. PUBLIC COMMENT: Members of the public may be heard on any item not on the Board’s Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No public comments were received.

VII. REPORTS

A. SUPERVISOR’S REPORT

Supervisor Brandon shared information on the previous day’s 10 ½ hour Board of Supervisors Meeting. The meeting focused on the selection of an outdoor shelter site for the homeless population in Tuolumne County

located in the Harvard Mine area near Jamestown. There is an estimated \$650,000 start-up cost associated with this project with additional annual operating costs of approximately \$380,000 for up to 30 pallet homes for 70 residents. Supervisor Brandon had several concerns with this project, but the Board voted 4-1 for the identified site. Jaron invited attendees to check out his Facebook page for more information.

Supervisor Brandon shared information regarding a recent meeting of the youth Membership recruitment group and thanked Teri Alford for her participation.

The Board of Supervisors recently approved a Permanent Local Housing Allocation (PLHA) Grant for \$2.5M over a 5-year period to be used for permanent local housing. Part of this funding is going to the outdoor shelter, part to the Stanislaus Regional Housing Authority and part to the Homelessness Navigation Center.

A contract for Mobile Crisis Services was also approved through the Board of Supervisors. Tam Mariscal will be providing additional details surrounding this topic.

Jaron shared that he is currently visiting with county staff in groups of 5-6 to get to know everybody and the issues that they face. He recently met with Behavioral Health's Full Service Partnership (FSP) team and the Substance Use Disorder (SUD) team. These meetings were informative and very well received.

The Board of Supervisors recently received a presentation on opioid use from the District Attorney and Sheriff's Office which identified that Tuolumne County is #1 in morphine milligram equivalent (amounts per person) and #1 in the number of prescriptions (somewhere in the amount of 800 prescriptions per 1,000 people). These numbers are the worst and highest in the State of California. This is a substantial issue, and the county is currently engaged in a class action lawsuit against Perdue Pharmaceutical in hopes of a settlement which could provide funding for education, outreach, and prevention.

The group discussed the information provided and the data used to identify these alarming trends in opioid use. More information on this topic will be provided to the group soon.

B. DIRECTOR'S REPORT

Tami Mariscal provided additional information requested at last month's meeting surrounding the use of 988, the new Suicide Prevention Lifeline which went live in July 2022. This number was created to allow those in crisis to connect more easily with Suicide Prevention workers. There are currently 13 call centers located throughout California that will manage these calls as they come in. Calls are received by the centers, and if needed, routed to the appropriate local responders, i.e., police, etc. At this time, TCBH does not play an additional role because of this new 988 feature, but changes to how these calls are managed may happen in the distant future.

Heather Farris, Behavioral Health Advisory Board member, inquired whether the department had yet received any referred calls from 988 call

centers and if data would be gathered to learn how this number is working within our local community. Tami relayed that 988 does not currently work with our local crisis number. If a person utilizes the 988 Call Center and needs an increased level of care, they will be routed directly to the appropriate emergency responder.

Tami responded to inquiries received at last month's meeting about Mental Health Student Services Act (MHSSA) funding, a \$2.5M pass-through grant which was sponsored by Behavioral Health to be used by Tuolumne County Superintendent of Schools (TCSOS) to provide mental health services to students in local schools.

Terri Alford, MHSSA Program Manager for TCSOS, shared additional information on this topic. TCSOS has already hired two additional clinicians and a mental health navigator through this program. If requested, she has several PowerPoint Presentations that she can share with the Behavioral Health Advisory Board at a future meeting.

Tami provided the group with information on the Crisis Mobile grant that was recently approved through the Board of Supervisors. The grant affords \$600,000+ in infrastructure funding which allows for the purchase of vehicles and staffing, as well as specialized trainings. Tuolumne County Sheriff Bill Pooley and Sonora Police Chief Turu Vanderwiel are both interested in being a part of our team and as planning moves forward more information will be shared with the Behavioral Health Advisory Board.

Tami shared that staff vacancies and clinical recruiting continue to be a challenge for the department. An employee retention program will be deployed soon which is afforded through the Mental Health Services Act (MHSA) Workforce and Education Training (WET) funds which will allow incentives for new hires and the implementation of loan forgiveness for those entering into a two-year service agreement. As more details are developed, staff will be asked to come in to present a clearer overview of this benefit.

The Director notified the BHAB that the Juvenile Detention Facility (JDF) and the County Probation Department both have provisions in their contracts to provide mental health care to those in their care. The Behavioral Health Director is tasked with assuring that the care they receive meets the specifications necessary to be considered beneficial to the recipients. Since Tami was appointed as Director of Behavioral Health, meeting this requirement has been a focus of the Behavioral Health Department. Behavioral Health staff are now performing assessments, providing substance use prevention, case management and therapy. Tami recently met with the manager of JDF and Dan Hawks, Chief Probation Officer, to discuss their increased needs. Currently, the Behavioral Health Department does not really have capacity to provide more than we already do, especially a full-time clinician as they are requesting. After reviewing data, we are already delivering almost that in service delivery hours. This added need is not a requirement of our department and could adversely impact us increasing support to them in this way.

Tami is requesting the BHAB's support and understanding of the stretch to our resources and impact to our service providers. She would like a stronger voice for the department in advocating for solutions to ongoing struggles.

The group discussed several ways that the Behavioral Health Advisory Board (BHAB) could tackle advocacy strategies to address this issue without further impacting Behavioral Health staff.

Supervisor Brandon requested a future agenda item to discuss ways the BHAB can advocate for the Behavioral Health Department by speaking to the Board of Supervisors at upcoming meetings.

Mary Anne Schmidt created an Ad Hoc Committee consisting of Marjorie Langdon, and herself to work on speaking and advocating to the Board of Supervisors regularly regarding concerns and issues associated with the Behavioral Health Department. Mary Anne will reach out to Susie DeMassey to see if she may also be interested in participating in the Ad Hoc.

C. BEHAVIORAL HEALTH ADVISORY BOARD CHAIR REPORT

Mary Anne provided a written report with this month's agenda packet and hoped that all members and attendees had an opportunity to review it.

No comments or questions were received from attendees.

D. BOARD MEMBER REPORTS/ANNOUNCEMENTS

Cynthia Halman shared information on the Lantern of Light's upcoming educational presentations about the Mosaic Projects. These beautiful, mounted mosaics are now located at almost every Tuolumne County school. Lantern of Light will be delivering a brief synopsis about 988 at each school with Terri Alford, TCSOS, assisting. School counselors will also be in attendance. Cynthia also informed the group that Lantern of Light is hosting a fundraiser golf tournament on August 20th at Twain Hart Golf Club and reminded everyone that the Suicide Prevention Expo is coming up on September 13th.

VIII. AD HOC COMMITTEE BUSINESS
--

A. DATA NOTEBOOK – Sherry Bradley, Ad Hoc Chair

Sherry Bradley reminded the group that her brief report on this topic was included in this month's agenda packet. She relayed information on her recent meeting with Lindsey Lujan and Pandora Armbruster, Behavioral Health staff. Some data related to the Data Notebook Survey was provided at that meeting and more data will be gathered provided soon. A draft of the survey and a review of the data will be presented at the September Meeting. Sherry hoped that board members can come prepared to provide input at the September meeting so that the Data Notebook can be finalized and approved for submission at the October Meeting.

B. BOARD MEMBER RECRUITMENT& MEMBERSHIP – Heather Farris, Ad Hoc Chair

Heather Farris reminded Jenn Salazar and Marjorie Langdon that their Behavioral Health Advisory Board terms are due for renewal and requested

that they submit renewal applications. Both Marjorie and Jenn agreed to complete their applications for review at next month's meeting.

Heather shared information on a pending application for William Olmstead for a seat on the Behavioral Health Advisory Board. The group discussed their interest in potential transitional age youth applicants and agreed to postpone a decision until more work could be done with youth recruitment.

Heather Farris shared a PowerPoint presentation on the progress made by the Youth Recruitment Ad Hoc Committee which met for a second time this past month. They identified two engaged applicants and Terri Alford is in contact and is securing applications. Due to the success of the PRIDE postcards and Terri's assistance, it was decided that no additional advertising is needed at this time. The potential candidates will be invited to lunch to provide a warm welcome and a high-level overview of board membership. Several positive impacts of including transitional age youth on the Behavioral Health Advisory Board were identified in Heather's presentation. Heather requested feedback and input from the board on an orientation checklist for appointed youth before August 15th. The Youth Recruitment Ad Hoc group hopes to have a finalized plan in place by that date.

Heather requested feedback on accepting two potential transitional age youth on the Behavioral Health Advisory Board. The group agreed that this could be a positive impact for this body.

Pandora interjected that a youth member under the age of eighteen may not be allowed through county procedures. A request was made to contact County Counsel to get clarity on the age allowance of a youth member.

The group complimented the hard work and preparation this Ad Hoc put into this important task.

Jaron moved to recommend that the Board of Supervisors identify a Transitional Age Youth category as a part of the composition of the Behavioral Health Advisory Board. Sherry seconded the motion. After discussion by the group, a consensus was reached that more information was needed before taking action. Jaron withdrew his motion.

A discussion of **IX. NEW BUSINESS**, D. was held out of order.

Supervisor Brandon recommended that Mary Anne Schmidt move forward with the list of previously identified speakers (IX. NEW BUSINESS, D.) allowing for the scheduling of each speaker as she sees fit. Mary Anne informed Supervisor Brandon that the first speaker had already been identified as Dr. Brock Kolby, Behavioral Health Assistant Director, assigned for October. Mary Anne created an Ad Hoc Committee with Maureen Woods and Emily Valentine to work on a future proposed speaker plan.

Supervisor Brandon moved to table the remaining Items (A., B., C.) under **IX. NEW BUSINESS** and **X. SUGGESTIONS FOR NEXT MONTH'S**

AGENDA until the September Meeting. Maureen Woods seconded the motion. Motion passed. (Ayes: 10 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Heather Farris, Cynthia Halman, Emily Valentine, Jenn Salazar, Elizabeth Marum, Maureen Woods, and Sherry Bradley. Nays: 0 Abstentions: 0 Members Absent: 2 – Susie DeMassey and Valerie Shuemaker.)

IX. NEW BUSINESS

- A. BH ADVISORY BOARD GOALS FOR FY' 2022-2023 – Mary Anne Schmidt, BHAB Chair
Tabled until September Meeting.
- B. ANNUAL REPORT FOR FY' 2022-2023 – Mary Anne Schmidt, BHAB Chair
Tabled until September Meeting.
- C. WEBSITE REQUESTS FOR THE BEHAVIORAL HEALTH ADVISORY BOARD – Mary Anne Schmidt, BHAB Chair
Tabled until September Meeting.
- D. PUBLIC SPEAKER PLAN FOR FY' 2022-2023 – Mary Anne Schmidt, BHAB Chair
Discussed out of order. See minutes section immediately following Section **VIII. Ad Hoc Committee Business**, B. BOARD MEMBER RECRUITMENT AND MEMBERSHIP above.

X. SUGGESTIONS FOR NEXT MONTH'S AGENDA

Tabled until September Meeting.

XI. BEHAVIORAL HEALTH DEPARTMENT PRESENTATIONS

MHSA INNOVATIONS REPORT – Jenn Guhl, MHSA Agency Manager

Jenn Guhl, MHSA Agency Manager, introduced herself to the Behavioral Health Advisory Board and provided an overview of the Tuolumne County Behavioral Health Mental Health Services Act Innovations Concept using a PowerPoint presentation. A copy of that PowerPoint presentation is attached to these minutes.

Sherry Bradley inquired what the department expected to learn from this innovation project. Lindsey responded that part of the original submission for this concept stated that young parents are an important demographic that need help, parenting skills, coping skills, and emotional support. The department's wish and goal are that by engaging families through family events that are offsite, or are available at no cost to them, will provide them with the coping skills and emotional support they need to bring home to their own families to support stability.

Tami Mariscal agreed with the answer provided and reiterated that providing families with the tools they need to remain in care or complete care will assist them in creating stability in their homes. She clarified that this concept is in beginning stages and will be implemented on a small scale to assure that this is sustainable, well received and we are able to expand moving forward.

The group shared their appreciation and support of this concept and their belief that involving families in treatment is meaningful.

XII. ANNOUNCEMENTS

No announcements were shared.

XIII. ADJOURNMENT

The August 3, 2022, Behavioral Health Advisory Board meeting was adjourned at 6:03 pm.

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for September 7, 2022, at 4:00 pm via videoconference through Zoom and teleconference only. Meeting information will be posted on the September 2022 Agenda.