ORDER OF THE HEALTH OFFICER OF THE COUNTY OF TUOLUMNE
MODIFYING COVID-19 ORDERS

This order supersedes the previous Health Officer Order on Febrile Respiratory Illness, rewritten on December 29, 2020, and emphasizes existing State requirements regarding quarantine instructions for fully vaccinated individuals.

WHEREAS, a declaration of emergency was issued by the Governor of the State of California on March 18, 2020, and local emergencies have been declared in Tuolumne County in response to the virus COVID-19; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH) have issued new quarantine guidance for individuals who have been fully vaccinated; and

NOW, THEREFORE, under the authority of California Health and Safety Code sections 101040, 120175, and 120175.5(b), the Tuolumne County Health Officer HEREBY MAKES THE FOLLOWING ORDERS, which shall be applicable within the County of Tuolumne:

1. All Health Care Providers shall:
   b. Direct the patient to isolate him/herself until
      i. A negative test result is received and the symptoms are improving and patient is fever free for 24 hours without the use of fever-reducing medication
      ii. ten days after onset of symptoms and one day after cessation of fever without the use of fever- reducing medications if either no testing is performed or the test is positive
   c. Follow the additional guidance provided by CDC at: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html

2. All Employers shall:
   a. Daily, at the start of business, screen all employees for febrile respiratory illness using the attached screening tool entitled COVID-19 Screening Checklist for Employers.
   b. Recommend that any employee that report symptoms of febrile respiratory illness get tested for COVID-19
c. Exclude from work all employees that report symptoms of febrile respiratory illness until:
   i. A negative test result is received and the symptoms are improving and patient is fever free for 24 hours without the use of fever-reducing medication
   ii. ten days after onset of symptoms and one day after cessation of fever without the use of fever-reducing medications if neither no testing is performed or the test is positive

d. Direct employees excluded from work to isolate at home and notify their healthcare provider. If an employer has questions regarding work exclusion, they are asked to call the public health call center at 209-533-7440.

3. All Residents shall:
   a. Self-monitor for signs and symptoms of COVID-19 and get tested for COVID-19 should they have signs or symptoms consistent with COVID-19
   b. Isolate themselves until
      i. A negative test result is received and the symptoms are improving and patient is fever free for 24 hours without the use of fever-reducing medication
      ii. ten days after onset of symptoms and one day after cessation of fever without the use of fever-reducing medications if neither no testing is performed or the test is positive
   c. Follow additional guidance provided by CDC at: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html

4. All close contacts of anyone isolated under this order will be placed into a 10-day quarantine unless they are fully vaccinated for COVID-19:
   a. Fully vaccinated people with no COVID-like symptoms do not need to quarantine or be tested following an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low.
   b. Fully vaccinated people who do not quarantine should still monitor for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should isolate themselves from others, be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated, and inform their health care provider of their vaccination status at the time of presentation to care.

For the purpose of this order:
- Febrile is defined as “related to fever.”
- Febrile respiratory illness is defined as “a new or worsening episode of either cough or shortness of breath, presenting with fever (temperature 38 degrees C or 100.4 degrees F or higher) or chills in the previous 24 hours.”
- People are considered fully vaccinated “2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine.”
- Isolation is defined as “separation of sick people with a contagious disease from people who are not sick.”
- Quarantine is defined as “separation and restricts the movement of people who were exposed to a contagious disease to see if they become sick.”
- Close contact is defined as “anyone who has been within six feet for a period of ten minutes or longer of a person placed in isolation.”
- Social distancing is defined as “maintain a six-foot separation from all persons except for family members.”
- Symptoms of COVID-19:
  - Fever
  - Cough
Shortness of breath
Or at least two of the following
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

The California Department of Public Health (CDPH) and the Center for Disease Control (CDC) may recommend further guidance.

This Order shall be effective immediately and will remain in effect until further notice. This Order replaces the previous Febrile Respiratory Screening Order dated December 29, 2020.

I, as Health Officer for the County of Tuolumne, encourage voluntary compliance with this Health Officer’s Order. However, violation of this order is subject to fine, imprisonments or both (California Health and Safety Code Section 120295.)

_________________________________________  4-29-2021
Eric Sergienko, MD, MPH       Date
Health Officer
COVID-19 Screening Checklist for Employers

Name: ___________________________ Date: ______________ Time: __________

Purpose: Based on the Febrile Respiratory Illness Health Order that took effect on 03/26/2020, all employers, on a daily basis, are to screen all employees for signs & symptoms of respiratory illness accompanied by fever and COVID-19.

Instructions: ALL employees and government officials entering the building must be asked the following below. Employees who are teleworking must also complete the screening. Please maintain this record for 14 days from completion of this form and have this form available upon request from the Public Health Department.

1. Have you washed your hands or used alcohol-based hand sanitizer on entry? ☐ YES ☐ NO – Ask them to do so.

2. Do you have any of the following symptoms?
   ☐ Feeling feverish ☐ Chills ☐ New or worsening cough ☐ Muscle pain ☐ Sore throat
   ☐ New or worsening shortness of breath or difficulty breathing ☐ New loss of taste or smell
   • If YES to any, restrict them from entering the building and send person home.*
   • If NO to all, proceed to remaining questions.

3. Employee’s temperature: ____________ °F. (If you have a thermometer available)

3A. Does the employee have a fever (temperature 100.4°F or greater) ☐ YES ☐ NO
   • If YES to any, restrict them from entering the building and send person home.*
   • If NO, proceed to question #4.

4. Ask the employee the following:
   Have you been exposed to any person who, within the past 10 days, was confirmed COVID-19 positive by lab test? ☐ YES ☐ NO
   • If YES, proceed to #4A
   • If NO, proceed to #5

4A. Are you fully vaccinated against COVID-19 (2 weeks after receiving a second dose in a 2-dose series vaccine, such as Pfizer or Moderna vaccines, or 2 weeks after receiving a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine)? ☐ YES ☐ NO
   • If YES, proceed to #5
   • If NO, contact your supervisor immediately and do not enter the building**

5. Allow entry to building and remind individual to:
   ☐ Wash their hands or use alcohol-based hand sanitizer throughout their time in the building.
   ☐ Not to shake hands with, touch, or hug others during their time in the building.
   ☐ Wear an approved face covering according to State and County guidelines.

*The person being sent home, must inform their supervisor and Human Resources that they were sent home and is responsible for following-up with their primary care physician if needed.

**Supervisors review second page of this document

Person Performing Screening: ____________________________________________

Revised 04/21/2021
Symptomatic employees should be sent home. If an employee becomes symptomatic at work, they should be sent home immediately.

If an asymptomatic employee of an essential business has had contact with a confirmed COVID-19 case, and it is possible for them to remain in isolation at home, that is preferred. Workers should be encouraged to work remotely when possible and focus on core business activities. In-person, non-mandatory activities should be delayed until the resumption of normal operations. When continuous remote work is not possible, businesses should enlist strategies to reduce the likelihood of spreading the disease. This includes, but is not necessarily limited to, separating staff by off-setting shift hours or days and/or social distancing. These steps can preserve the workforce and allow operations to continue. If the absence of this asymptomatic employee would result in the failure of essential business operations, they should adhere to the following practices prior to and during their work shift:

- **Pre-Screen**: Employers should measure the employee’s temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
- **Regular Monitoring**: As long as the employee doesn’t have a temperature or symptoms, they should self-monitor under the supervision of their employer’s occupational health program.
- **Wear a Mask**: The employee should wear a face mask at all times while in the workplace for 14 days after last exposure. Employers can issue face masks or can approve employees’ supplied cloth face coverings in the event of shortages.
- **Social Distance**: The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.
- **Disinfect and Clean workspaces**: Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment routinely.

If the employee becomes sick during the day, they should be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. Information on persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled. Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed.

Employers should implement the recommendations in the Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 to help prevent and slow the spread of COVID-19 in the workplace. Additional information about identifying critical infrastructure during COVID-19 can be found on the DHS CISA website or the CDC’s specific First Responder Guidance page.