

I'm an adult with a healthy immune system:
Do I need a MEASLES vaccine?



START

Can you answer yes to any of the questions below?

NO

You are not presumed to have sufficient immunity, and should consider a measles vaccine.

You are presumed to have immunity, and likely do not need a measles vaccine at this time.

YES

- Have you had at least 1 dose of the MMR or MMRV vaccine after your first birthday in 1968 or later (documented)?
- Were you born in the U.S. before 1957?
- Were you born outside of the U.S. prior to 1970 AND moved to the U.S. in 1970 or later?
- Were you born in 1976 or later and attended a U.S. public school?
- Did you receive a U.S. green card in 1996 or later?
- Have you served in the U.S. armed forces?
- Has a laboratory test shown you have had measles? (confirmation of the disease)
- Has a laboratory test shown you have immunity to measles? (evidence of immunity)

Do you have a high risk of exposure to measles?
(college students, healthcare workers, international travelers, etc.)

NO

YES

You may have some immunity, but it may not be sufficient for your situation. You should consider a measles vaccine or having your immunity levels checked.

Consult with your healthcare provider to determine the best course of action for your individual situation, especially if you are immunocompromised, pregnant, under 18 years of age, or have other considerations.

Updated 3/21/2025. For more information visit:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/measles.aspx>