



MONDAY



TUESDAY

JUNE 2023



THURSDAY



FRIDAY

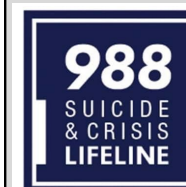
TUOLUMNE COUNTY ENRICHMENT CENTER
101 HOSPITAL ROAD
SONORA, CA 95370



Phone: (209) 533-7114

[EC Main Room & Patio Hours:](#)
8 a.m. to 12 p.m. Monday through Friday.

The EC is a peer-run Community Center for Wellness and Recovery funded by Prop 63



Gratitude is the best Attitude

We encourage you to call to book a shower or laundry spot in advance by calling (209) 533-7114. Walk-in requests accommodated based on the availability.
***Showers: MWF only, 8-11:30 a.m.**
***Laundry: Tuesday only, 8 & 10 a.m.**

1
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-11 iThrive Thursdays



2
8-12 Computer Center
8:45 Check-in
9 Bingo
9-11 Public Health Info Table
9-12 Smile Keepers



5
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library



6
8-12 Computer Center
8-12 Games & Recreation
9 Mathieson Memorial Health Clinic, Narcan
9-11 Karaoke
11:30 Adult Education

7
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-10 Wellness Wednesdays
9-10 Tai Chi Chih
4-6 Tuolumne County Behavioral Health Advisory Board

8
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-11 iThrive Thursdays



9
8-12 Computer Center
8-12 Recovery Library
8:45 Check-in
9 Bingo
9-11 Public Health Info Table



12
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
10-11 Quality Improvement Council (Zoom)



13
8-12 Computer Center
8-12 Games & Recreation
8-11 Recovery Library
9-11 Karaoke
10-11 Garden
11:30 Adult Education

14
8-12 Computer Center
8-12 Games & Recreation
8-11 Recovery Library
9-10 Wellness Wednesdays



15
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-11 iThrive Thursdays



16
8-12 Computer Center
8-12 Recovery Library
8:45 Check-in
9 Bingo
9-11 Public Health Info Table



19 ~ EC CLOSED



20
8-12 Computer Center
8-12 Games & Recreation
8-11 Recovery Library
10-11:30 Karaoke
11:30 Adult Education

21
9-12 Computer Center
9-12 Games & Recreation
9-12 Recovery Library
9-10 Wellness Wednesdays
9-10 Tai Chi Chih
LATE START—OPEN AT 9

22
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-11 iThrive Thursday



23
8-12 Computer Center
8-12 Recovery Library
8:45 Check-in
9 Bingo
9-12 Smile Keepers



26
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library



27
8-12 Computer Center
8-12 Games & Recreation
8-11 Recovery Library
10-11:30 Karaoke
10-11 Garden
11:30 Adult Education

28
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-10 Wellness Wednesdays



29
8-12 Computer Center
8-12 Games & Recreation
8-12 Recovery Library
9-11 iThrive Thursday



30
8-12 Computer Center
8-12 Games & Recreation
8-10 Mental Health Coffee Talk
9-11 Public Health Info Table

